Accessibility and Inclusion in Ministry

Presented by Erin Jeffries and Marian Knueven at Our Lady of the Greenwood Parish October 6, 2015 "[Evangelization] involves the active participation of every Christian in the proclamation and demonstration that the Christian faith is the only fully valid response to the problems and hopes that life poses to every person and society" NDC 19 NCPD defines disabilities as,

"The normal, anticipated outcomes of the risks, stresses, and strains of the living process." (Mary Jane Owen, NCPD, 2000).

Looking at Language...



The Reality...

One person in every 5 has some form of disability, one family in every 3 has a member with a disability (per US Census Bureau)

One person in 68 is born with autism (per CDC 2014) (though some numbers given are as high as 1 in 50)

"All persons with disabilities have the capacity to proclaim the Gospel and to be living witnesses to its truth within the community of faith and offer valuable gifts. Their involvement enriches every aspect of Christian life. They are not just the recipients of catechesis- they are also it's agents."

National Directory of Catechesis 49

St. Malachy's Story





You do NOT need to be a special education teacher to effectively reach out to those with special needsyou just need to be *OPEN* and *WILLING*.

What can Parish Professional Staff Do?

- Evaluate the accessibility of the liturgy and sacraments, training, workshops, faith formation opportunities etc.
- Encourage parish groups and committees to do the same.
- Include persons with disabilities in committees

What Can Parish Professional Staff Do?

• Evaluate the Sensory Accessibility

• Evaluate the Cognitive Accessibility

• Evaluating the Physical Accessibility

Identifying Individuals and Needs

Relationships

- Personal outreach
- Use networks
- Utilize parishioners
- Remember the families



Identifying Individuals and Needs

Planning Ahead

- Registration forms

- Be aware of environmental factors
- Allow for some flexibility

Identifying Individuals and Needs Some Basic Questions...

- For Religious Education Programs
- For Adults

You don't necessarily NEED to know a diagnosis to learn how to assist someone in participating as fully as possible.

Archdiocesan Staff



- Training and strategies
- Can help in the development of an inclusion team at a parish
- Information on different needs, adaptive resources and specialized programs



Catechesis for Persons with Special Needs Archdiocese of Indianapolis f Homepage The Office of Worship and Evangelization resources catechetical Events SAN. MERI B ministry for people with disabilities. This Special Religious News Education effort takes a three-pronged approach in enhancing evangelization and catechesis for and with persons whose Awareness special needs show us God's face, helping us grow in His love. WWW.archingy.org/specialneeds Inclusion Browse our site using the links to the left or below: Specialized Approaches • Events • News Deaf and Hard-of-• Awareness Hearing Ministry Inclusion Retreat Forms Specialized Approaches Deaf and Hard-of-Hearing Ministry Forms • Retreat Forms • Forms If you have any questions or needs, please don't hesitate to contact Erin Jeffries at 317-236-1448 or ejeffries@archindy.org. St. Angela Merici, patron of persons with special needs, pray for us! Search Featured Items 17 16 23 24 Resources Events News Forms Three-Pronged Approach Awareness - The Office of Worship and Evangelization (OWE) strives to increase awareness of disabilities by assisting parishes with information and strategies for effective communication about persons with disabilities.

www.archindy.org/deaf

Archdiocese of Indianapolis

Deaf and Hard-of-Hearing Ministry

Deaf and Hard-of-Hearing Ministry

Interpreted Masses in the Archdiocese

9:00 am Sunday Mass at St. Matthew Catholic Church, Indianapolis

Sacramental Preparation Resources

Program for <u>First Reconciliation</u> in ASL from NCOD *Available in office for review! Program for <u>Confirmation</u> in ASL from NCOD, featuring Fr. Mike Depcik *Available for review! Fr. Shawn Carey explains the steps in <u>making a good confession</u>, including the Act of Contrition

Resources for Interpreting the Mass

YouTube Playlist: New Roman Missal for Interpreters (from the Archdiocese of Washington)

NCOD DVD Resource: Liturgical Signs and Prayers

YouTube Video: New Roman Missal Translation (from the Archdiocese of Boston)

Interpreter Resources/ASL videos (from the Archdiocese of Boston)

Interpreting the Mass: Decision Making, Preparation and Practice (workshop)

Signing the Scriptures, Year A, B and C by Joan Blake: It is important to note that these books do NOT provide pictures of the signs, but the word order for the readings, using the ASL syntax. *These are available in the office to review

Religious Signing: A Comprehensive Guide for All Faiths by Elaine Costello, Ph.D: A good, visual dictionary for religious signs. *Available in the office for review





National Catholic Office for the Deaf







A PARISH-BASED APPROACH







Dealing with Difficult Behavior

- Behavior has a purpose
- Behavior is communication
- People tend to continue doing things that get results

So the most important question to ask is "why"

Behavior is like an iceberg

What you see ... 1

Am | safe? Am I loved? Do I matter? I feel angry. I feel sad. I feel scared. I feel hungry or tired. I am feeling overwhelmed. I have developmental delays. I can't communicate any other way! I feel overstimulated. I have sensory needs. I need understanding or help! (What they're really saying)

www.consciousdiscipline.com

www.ignitelearningllc.blogspot.com

The Brain State Model

Our internal emotional state affects our behavior...

- Survival: "Am I safe?"
 - I need to know I am safe.
- Emotional: "Am I loved?"
 - I need a connection.
- **Executive:** "What can I learn from this?"
 - I am ready to learn and use problem solving/critical thinking skills.



Cf: <u>http://consciousdiscipline.com/about/brain_state_model.asp</u>

Observations

Put Behavior In Context

- <u>Setting</u> (where, what time of day, who... etc.),
- What occurred immediately **before** the behavior
- An **objective description** of what the behaviors are
- What happened immediately <u>after</u> the behaviorincluding the individual's response

Utilize: interests, likes, dislikes, motivators, learning strategies, and possible triggers





Difficult Adults...

*

Most people do simply want to be heard, and understood- even if you are disagreeing.

*

The same physical and emotional states that affect children are still affecting us as adults, and in difficult situations we have a tendency to revert to instinctual responses.

Intellect and Free Will...



You cannot force a person (adult or child) to change their behaviorbut you can always control your own.

Positive Intent:

Asking yourself "why" and not assuming the worst...



Seeing things from the others perspective