X. PSM Models

PSM is not a one size fits all model. Whether you are a parish of 200 individuals or 2000 families, there is a PSM model that can assist your parish in living the Gospel of loving our neighbors.

No matter which model fits best with your parish, ALL PSM models encourage:
- That the “organizing” and “doing” of social ministry is taking place.
- That the social ministry is woven throughout the parish.
- That the social ministry includes a variety of opportunities for parishes to act through direct service AND social justice.

In *Communities of Salt and Light*, the bishops highlight seven elements for effective parish social ministry:
- Prayer and Worship
- Education and Formation
- Family, Work, Citizenship
- Outreach and Charity
- Legislative Advocacy
- Community Organizing
- Global Solidarity

**Model One:**

In this model, there are 5 areas of activities or ministries. Each of the ministry teams encompasses either one or several of the 7 elements highlighted in *Communities of Salt and Light*. The Parish Social Ministry Team is made up of representatives from each of these ministries.

Each of the ministries would typically include **sub-committees** that have a particular interest or mission focus; these might include, for example, hunger issues or environmental concerns or respect life issues. The sub-committees might be focused on the agenda of a particular organization like St. Vincent de Paul, Catholic Campaign for Human Development, Catholic Relief Services, Justice for Immigrants or other poverty relieving initiatives. The focus areas will vary among parishes.
Model Two:

Model Two may work for parishes that already have established social concerns or community outreach type committees where each of the ministries are already defined and meeting to share their ministry updates. As you will see in the example, each of the ministry sub-committees that are listed across the top and to the right have to consider how their work can and should be integrated with the 5 PSM ministries outlined as areas of importance in *Communities of Salt and Light*.

<table>
<thead>
<tr>
<th>Sub-committees</th>
<th>PSM Ministries</th>
<th>Food Pantry</th>
<th>Twinning Parishes or CRS</th>
<th>Respect Life</th>
<th>St. Vincent de Paul</th>
<th>Creation Care</th>
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<tbody>
<tr>
<td></td>
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</tbody>
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Model Three:

Model Three is a hybrid of both Model One and Model Two. As each parish’s dynamics are different, each PSM Team must adapt to their parish needs.

For example, a PSM Team may decide that one of the 5 PSM Ministries may need to be broken down even further.

- The Spiritual Formation team may discern that there are several subcommittees that are needed under this core PSM ministry.
  - Perhaps such as an education and formation subcommittee that assists or collaborates with parish and school staff in regards to understanding Catholic Social Teaching.
  - Or
  - A prayer and worship subcommittee that would provide a Prayer of the Faithful that correlates with a specific social issue or host an event before or after mass that ties a social issue with the USCCB calendar.
    - Ex: Feb. 8th is the International Day of Prayer for Victims of Human Trafficking and the feast day of St. Josephine Bakhita, who is the patron of trafficking victims. As part of human trafficking awareness, have Anti-Trafficking literature available after mass or host a CRS Fair Trade sale. (Make sure the pastor is aware of the event so if he chooses he can incorporate the Church’s social teaching in regards to human trafficking.)