

# GENERAL GRIEF SUPPORT

## **ST. VINCENT HOSPICE**

317-338-4040 / 800-780-7284

Contact: Rachel Friesen [rdfrieese@stvincent.org](mailto:rdfrieese@stvincent.org)  
Programs: NO FEES – REGISTRATION IS REQUIRED  
BABYSITTING NOT AVAILABLE

**A Daughter's Grief**, A six-week discussion group for women who have experienced the loss of their mothers through death.

**The Road to Healing**, a six-week discussion group for those who have experienced a loss through death.

**Widow/Widower**, for those grieving the loss of a spouse (on-going).

**Journeys Through Grief**" adult grief support group series (various days and times of day, ongoing).

**Grief and the Holidays** annual seminar (November)

**Lunch Bunch** socialization group, local host for annual HFA teleconference and quarterly hospice memorial services.

## **ST. FRANCIS HOSPICE**

317-865-2092

Contact: Bereavement Team (317) 865-2092  
438 S Emerson Ave., Greenwood, IN 46143

Meetings: 6 week programs for adults, 4 times a year.  
Daytime and Evening sessions available.

Focus: Education on the grief process, discussion and support. St. Francis offers various programs including camps for children who grieve. See "Children" in this booklet.

*No one ever told me that grief felt so much like fear. - C.S. Lewis*

**UNIVERSITY HEALTH HOSPICE**

317-962-0800

Contact: Clara Merkel (317) 962-0800 [cmerkel@iuhealth.org](mailto:cmerkel@iuhealth.org)  
Lori Mercer (317) 962-0775 [lmercer@iuhealth.org](mailto:lmercer@iuhealth.org)

Methodist/IU/Riley Hospitals

Meetings: Adult: On-going Bereavement Groups. Holiday Workshops also available

Focus: Instruction and discussion of the grief process allowing for time to talk about personal loss and grief.

**COMMUNITY HOME HEALTH AND HOSPICE SERVICE**

317-621-4646

Contact: Bereavement Team (317) 621-4646  
(800) 404-4852

Meetings: Various support groups for adults. Call for specifics. Specialty groups listed in appropriate sections of this booklet.

**VISTA CARE HOSPICE**

317-788-0300

Contact: Rev. Steve Agal (317) 788-0300 ext. 2259  
1-800-480-9408 [sagal@odsyhealth.com](mailto:sagal@odsyhealth.com)  
6431 South East Street, Indianapolis, In 46227

Meetings: Afternoon and Evening classes. FREE- Call for more information.

Focus: Group offers instruction in the grief process and allows time to share personal experiences of loss. Individual support is available.



**HEARTLAND HOSPICE**

317-251-3012

Kelly - 317-251-3012  
931 E. 86<sup>th</sup> Street  
Indianapolis, IN

Various support groups offered and referrals available.

**Monthly Support Group for Adults  
Grieving the Loss of a Love One**

Time: 2:00 – 3:00 p.m.

When: 2<sup>nd</sup> Wednesday of each month

Where: \*Year of 2012 Meetings held at  
Manor Care at Summertrace  
12999 N. Pennsylvania Street  
Indianapolis, IN  
Grief Counselor facilitates group

\*Location for on-going monthly  
group changes each year.  
Call Kelly at 317-251-3012 in 2013 for new location.

*There are things that we don't want to happen but have to accept,  
things we don't want to know but have to learn,  
and people we can't live without but have to let go.  
~ Author Unknown*