



Office of Marriage and Family Life  
Office of Human Life & Dignity

## **Bulletin Announcements for September 2018**

Included in this mailing, please find the bulletin announcements and fliers for the **month of September for the Offices of Marriage and Family Life & Human Life and Dignity**. Please consider adding any announcements to your bulletin that your parishioners may be interested.

If your parish has Human Life & Dignity or Marriage and Family Life events you want other parishes to know about, please submit them to Keri Carroll by e-mail. We will be in contact with you regarding your request. You may also contact Keri if there are any fliers and brochures listed below that you would like printed and mailed to you. Keri can be reached at (317)-236-1521 [kcarroll@archindy.org](mailto:kcarroll@archindy.org)

A PDF version of the these announcements are online at  
[www.archindy.org/humanlifeanddignity/BulletinsAndNewsletters.html](http://www.archindy.org/humanlifeanddignity/BulletinsAndNewsletters.html)

Thank you!

*Staff of the Offices of Marriage and Family Life & Human Life and Dignity*

## **Word of Life Bulletin Series and Intercessions** **from USCCB – September**

<http://www.usccb.org/about/pro-life-activities/word-of-life/>

English: <http://www.usccb.org/about/pro-life-activities/word-of-life/upload/Word-of-Life-2018-09.pdf>

Spanish: <http://www.usccb.org/about/pro-life-activities/word-of-life/upload/Palabra-de-Vida-2018-09.pdf>

# For Any or All Weekends in September

- **Office of Marriage and Family Life Events**

**Marriage Prep**

- [Parenting Program Video Series](#)
- [Pre-Canva Conference – September 8, 2018 – St. Agnes](#)
- [Pre-Canva Conference – October 12-13, 2018 – St. Barnabas](#)
- [Pre-Canva Conference – November 20-Dec 1, 2018 –Batesville – St. Mary's, Greensburg](#)

**Marriage Enrichment**

- Creighton model FertilityCare System

**Healing Ministries**

- [2<sup>nd</sup> Annual Peace in the Mourning Retreat](#)
- Consolations Ministry Quarterly Gather – Observing all Soul's Day
- [Marriage Nullity Process: What the Catholic Church Teaches](#)
- [Save the Date: Annual Being & Belonging Retreat: October 26-28, 2018](#)

- **Human Life and Dignity Events**

**Birthline Ministry**

- [Birthline Volunteer Opportunities](#)

**Respect Life Ministry**

- [Respect Life Sunday Mass: October 7, 2018](#)
- [Indiana Life Chain – Central and Terre Haute](#)
- [Right to Life Dinner](#)

**Project Rachel**

- [Rachel Vineyard Healing Retreat: November 2-4, 2018](#)

**Health Ministries – Resources**

- [Parish Nurse/Health Ministry Retreat: September 7, 2018](#)
- [Mental Health Mass – October 14, 2018](#)

**Substance Addictions Ministry**

**Corrections Ministry**

- [Corrections Ministry Conference: November 3, 2018](#)

- **Events Around the Archdiocese**

- [Women's Care Center First Friday Mass](#)
- [Hope & Healing Survivors of Suicide Monthly Support Group – Indianapolis](#)
- [Respect Life Mass – Terre Haute](#)
- [Helpers of God's Precious Infants Prayer Vigil – Indianapolis](#)
- [Faithful Citizens Rosary Crusade](#)

# Marriage & Family Life

[www.archindy.org/marriageandfamily](http://www.archindy.org/marriageandfamily)

## Parenting Program Video Series:

We are excited to announce that our 4-part parenting series, with 2 stand-alone parenting videos is up and running and free of charge on our website: [www.archindy.org/parenting](http://www.archindy.org/parenting). For more information, please contact Keri Carroll by phone at 317-236-1521 or by [email](mailto:keri@archindy.org).



## September 8, 2018: Pre-Cana Conference – St. Agnes, Nashville

The Pre-Cana conference is a 1 or 1.5 day workshop (depending on location) that uses the *Joy-Filled Marriage Program*. This program prepares couples to live a Joy-filled marriage, and addresses the issues and challenges engaged couples face today. Heavily rooted in Pope St. John Paul II's *Theology of the Body*, the program has two basic components- Life Skills and Catechetical. It will be held at **St. Agnes (1008 McLary Road, Nashville, IN 47448)** First day takes place from **6:30 pm - 9:30 pm**. Second day goes from **9 am - 4 pm**. Click here [To Register](http://www.archindy.org/marriageandfamily/marriage-precana.html) or visit [www.archindy.org/marriageandfamily/marriage-precana.html](http://www.archindy.org/marriageandfamily/marriage-precana.html) to see other Pre-Cana dates for the 2018 year.

## September 21, 2018: Creighton Model FertilityCare System

Learn about the scientific basis for the Creighton Model FertilityCare System and how to track a woman's reproductive cycles to achieve or avoid a pregnancy, and/or for reproductive health maintenance. Private follow-ups may be scheduled for those women and couples interested in using the System. The session costs \$35 to attend. Materials and first follow-up should you decide to move forward cost \$135. [Register and pay here](http://www.archindy.org/marriageandfamily/marriage-precana.html) to reserve your spot by September 19.

Questions? Contact Liz Escoffery, CFCP at [lizfcp@indyfertilitycare.com](mailto:lizfcp@indyfertilitycare.com) or 317.446.4248.

## September 21-23, 2018: 2<sup>nd</sup> Annual "Peace in the Mourning" Retreat

Our Lady of Fatima Retreat House (5353 East 56<sup>th</sup> Street, Indianapolis 46226) is hosting the **2<sup>nd</sup> Annual Peace in the Mourning** Retreat on September 21-23<sup>rd</sup>. This retreat is for all widows of all ages and background. While the retreat will include elements of the Catholic faith, widows of all faiths are welcome to join on this journey of hope and healing.

Visit [www.archindy.org/fatima](http://www.archindy.org/fatima) to register and for Retreat details, or call Dustin Nelson at (317) 545-7681 ext. 101.

[Printable flyer](#)

## September 26, 2018: Consolation Ministry Quarterly Gathering – Observing All Soul's Day

The greatest sign of love for our dearly departed is to pray for them. All Soul's Day, November 2<sup>nd</sup> is the day of remembrance for friends and loved ones who have passed away. During November, there are other opportunities to commemorate the Poor Souls by gaining indulgences that are only applicable to them.

Please join us as we network and share ideas on the various ways parishes observe All Soul's Day and the month of November. All are invited to this special gathering, which will be held at the Catholic Center, 1400 N. Meridian on September 26<sup>th</sup> from 6:30 pm – 8:30 pm. There is no fee. For more information and to **RSVP** please contact [dvanvelse@archindy.org](mailto:dvanvelse@archindy.org) or call (317) 236-1586.

## October 12-13, 2018: Pre-Cana Conference – St. Barnabas, Indianapolis

The Pre-Cana conference is a 1 or 1.5 day workshop (depending on location) that uses the *Joy-Filled Marriage Program*. This program prepares couples to live a Joy-filled marriage, and addresses the issues and challenges engaged couples face today. Heavily rooted in Pope St. John Paul II's *Theology of the Body*, the program has two basic components- Life Skills and Catechetical. It will be held at **St. Barnabas (8300 Rahke Road, Indianapolis, IN 46217)**. First day takes place from **6:30 pm - 9:30 pm**. Second day goes from **9 am - 4 pm**. Click here [To Register](http://www.archindy.org/marriageandfamily/marriage-precana.html) or visit [www.archindy.org/marriageandfamily/marriage-precana.html](http://www.archindy.org/marriageandfamily/marriage-precana.html) to see other Pre-Cana dates for the 2018 year.

## October 24, 2018: Marriage Nullity Process: What the Catholic Church Teaches

A general information session regarding the marriage nullity process will be held on **Wednesday, October 24, 2018** at The Catholic Center. This interactive meeting is designed to answer your questions and provide you with the necessary

information to begin a marriage nullity case. Presenters include Fr. Joseph L. Newton, Judicial Vicar, Judge Instructors Ann Tully and Nancy Thompson, and Advocates, Joseph Gehret and Daniel Ross.

Some topics will include: Why is a marriage nullity case necessary? What are the grounds for an annulment? What are the procedures? Who will be contacted in the process?

The evening is hosted by **The Catholic Center, (1400 N. Meridian Street, Indianapolis, IN 46202) from 6:30-9:00 p.m.** in Assembly Hall. There is no cost and registration is not required. For more information contact the Office of Marriage and Family Life at (317) 236-1586 or 1-800-382-9836, ext. 1586 or e-mail: [dvanvelse@archindy.org](mailto:dvanvelse@archindy.org).

Note to Religion Editors: If you would like to receive this notice electronically, please email [dvanvelse@archindy.org](mailto:dvanvelse@archindy.org).

#### **October 26-28, 2018: Annual Being and Belonging Retreat**

“Being and Belonging...A Retreat for Separated and Divorced Catholics” will take place October 26 – 28, 2018 at Fatima Retreat House, 5353 E. 56th Street, Indianapolis, Indiana. This retreat is open to all faiths. The program will help deepen an understanding of the healing process, increase a sense of belonging, and help participants discover and affirm that God is with them in their struggles and hope. Cost is \$190; scholarships available. For additional information please contact The Office of Marriage and Family Life at (317) 236-1586 or email [mailto:dvanvelse@archindy.org](mailto:mailto:dvanvelse@archindy.org). To register, call Fatima at (317) 545-7681 for more details at [www.archindy.org/marriageandfamily/ministries-divorce.html](http://www.archindy.org/marriageandfamily/ministries-divorce.html).

#### **November 30-Dec 1, 2018: Pre-Caná Conference – St. Mary’s, Greensburg**



The Pre-Caná conference is a 1 or 1.5 day workshop (depending on location) that uses the *Joy-Filled Marriage Program*. This program prepares couples to live a Joy-filled marriage, and addresses the issues and challenges engaged couples face today. Heavily rooted in Pope St. John Paul II's *Theology of the Body*, the program has two basic components- Life Skills and Catechetical. It will be held at **St. Mary (1331 East Hunter Robbins Way, Greensburg, IN 47240)**. First day takes place from **6:30 pm - 9:30 pm**. Second day goes from **9 am - 4 pm**. Click here [To Register](#) or visit [www.archindy.org/marriageandfamily/marriage-precana.html](http://www.archindy.org/marriageandfamily/marriage-precana.html) to see other Pre-Caná dates for the 2018 year.

## **Human Life & Dignity**

[www.archindy.org/humanlifeanddignity](http://www.archindy.org/humanlifeanddignity)

#### **Birthline–Volunteers Needed**



*Birthline is a ministry of the Office of Human Life & Dignity which provides baby layettes for needy families.* Birthline is **currently in need** of new or gently used clothing (pants, shirts, pajamas, shoes, dresses and jackets) for girls and boys sizes 24 months – 2-Toddler. Donations can be delivered Monday or Wednesday 9:00 am – 2:30 pm at the Catholic Center (1400 north Meridian Street, Indianapolis, 46202 – at the door on the North side of the building – ring the doorbell.) We are also in need of a Spanish speaking volunteer to help with our Spanish Telephone Helpline. You would be scheduling clients from the comfort of your own home and training will be provided. If you are available to help in this ministry please contact Jená Hartman, Birthline Coordinator, at (317) 236-1433 or [jhartman@archindy.org](mailto:jhartman@archindy.org) Visit our website: [www.archindy.org/humanlifeanddignity/ministries-birthline.html](http://www.archindy.org/humanlifeanddignity/ministries-birthline.html).

#### **Health Ministry Resources**

*September* is:

**September 22: Fall Prevention Awareness Day**

[Resources](#)

[Fact Sheet](#)

[6 Steps to Prevent Falls](#)

Visit the [Health Ministry webpage](#)

Visit the [Substance Addiction Ministry \(SAM\) webpage](#)



## **Rachel Vineyard Healing Retreats**

If you are suffering after abortion, you may feel very alone. You may have experienced abortion many years ago and never told anyone. You may be struggling with a more recent abortion. Regardless of the circumstances, healing is possible. If you would like to learn or to register for a retreat, please contact (317) 452-0054 or [www.archindy.org/humanlifeanddignity/past-abortion.html](http://www.archindy.org/humanlifeanddignity/past-abortion.html). For more information regarding Rachel's Vineyard Retreats visit: [www.rachelsvineyard.org](http://www.rachelsvineyard.org). Inquiries, registration and participation are strictly confidential.

[Register Here](#) or visit [www.archindy.org/humanlifeanddignity/ministries-health.html](http://www.archindy.org/humanlifeanddignity/ministries-health.html) to register.

## **Save the Date: September 7, 2018 – Health Ministry Retreat**



The Office of Human Life and Dignity - Health Ministry Committee invites all Parish Nurses, Health Ministers, and those involved in Health Ministry for a day of relaxation and rejuvenation. Join us Friday September 7, 2018 at the Oldenburg Franciscan Center 9am to 3pm. Reflection will be led by Sr. Olga Whittekind, OSF as well as an art reflection by Sr. Anne Vonder Muelen, OSF. There will be lunch and Mass. Come connect with yourself, your community, and with God. We hope you can join us for this beautiful day! Visit

<http://www.archindy.org/humanlifeanddignity/ministries-health.html> or

[To register click here](#)

Printable Flier [click here](#)

## **September 25, 2018: Right to Life of Indianapolis Celebrate Life Dinner**

Register Now for the Right to Life of Indianapolis Celebrate Life Dinner

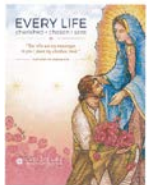
Help build a culture of life in central Indiana by attending the Annual Celebrate Life Dinner on Tuesday, September 25 at the Indianapolis Marriott Downtown.

Keynote speaker will be David Bereit, co-founder and former CEO of 40 Days for Life. David launched and led the global 40 Days for Life movement through its first decade, mobilizing 725,000 volunteers to pray in front of abortion facilities in 675 cities across 40 nations.

Registration is \$75 per person, tables of 10 available for \$750. Register online at [www.rtlindy.org](http://www.rtlindy.org), or call the Right to Life of Indianapolis office (317) 582-1526 to make your reservation over the phone.

## **October 7, 2018: Annual Respect Life Sunday Mass**

### **Award Nominations – \*\*Nominations are due August 31<sup>st</sup>\*\***



Each year, the Office of Human Life & Dignity honors an adult or married couple and a high school student at the Annual Respect Life Sunday Mass on **October 7, 2018** at SS. Peter and Paul Cathedral. Please consider nominating an adult or married couple whom you believe should be recognized for their leadership in promoting the dignity and sanctity of human life in the parish community and the Archdiocese for the **Archbishop O'Meara Respect Life Award** or a high school student who demonstrates leadership in promoting the dignity and sanctity of human life in the parish, community, school community and in the Archdiocese for the **Our Lady of Guadalupe Pro-Life Youth Award**. To obtain a nomination form or to submit a form online, visit [www.archindy.org/humanlifeanddignity](http://www.archindy.org/humanlifeanddignity). Completed nomination forms should be submitted to the Office of Human Life & Dignity at 1400 N. Meridian St, Indianapolis, IN 46202, or emailed to [beichhorn@archindy.org](mailto:beichhorn@archindy.org) no later than August 31, 2018. [Printable Nomination Form](#)

### **October 7, 2018: 2018 Central Indiana Life Chain – SAVE the DATE**

The 2018 Central Indiana Life Chain is scheduled for Respect Life Sunday, **October 7, from 2:30 pm to 3:30 pm**. Join hundreds of other participants along North Meridian Street as dozens of area churches and faith communities participate in this annual hour of prayer to end abortion in our community and our country. **SPECIAL NOTE:** This year due to closures



on some portions of North Meridian, **we will be relocating many churches** who have participated in the past, with the Life Chain covering **two portions** of North Meridian: from Michigan Street to 15<sup>th</sup> Street, and from 30<sup>th</sup> to 38<sup>th</sup> Street. Have Questions? For more information, contact a Life Chain representative at [centralindianalifechain@gmail.com](mailto:centralindianalifechain@gmail.com). *Watch for more information and shirt order form as part of the September bulletin!*

Printable forms:

[T-Shirt Order Form](#)  
[Bulletin Insert](#)

[Poster](#)  
[Letter to Pastor](#)

[Letter to Respect Life Coordinator](#)

### **Terre Haute Life Chain History**

In 1992, a group of local Pro-Lifers organized a prayerful protest against Faye Wattleton, the then president of Planned Parenthood Federation, when she was invited as a guest speaker at local university. The prayerful protest carried over to become the Terre Haute Life Chain. This is the twenty-seventh Terre Haute Life Chain as we join over 1950 other locations to form the 31<sup>st</sup> National Life Chain. We will meet and park behind Vigo County Court House from 2:00 -3:30 pm.

[Printable Flyer](#)

### **October 14, 2018: Mental Health Mass**

Join us on October 14th 2:00 pm - 4:00 pm at Ss. Francis and Clare Catholic Church (5901 Olive Branch Road, Greenwood IN 46143) for a mass celebrated by Msgr. William Stumpf for those who are affected by mental illness. A light reception will follow in the Hospitality room.

[Printable Flyer](#)

### **November 2-4, 2018: Rachel Vineyard Healing Retreat**

A Rachel's Vineyard Retreat will be held November 2-4, 2018 for women and men who have known regret, sorrow, guilt or shame after abortion. The weekend combines living scripture meditations, spiritual exercises, and discussions in a guided process that leads to the heart of God's love and compassion. If you would like to learn more about this retreat or register for this retreat you can contact our Project Rachel Team at our confidential line (317) 452-0054 or [projectrachel@archindy.org](mailto:projectrachel@archindy.org). For general information about Rachel's Vineyard Retreats visit [www.rachelsvineyard.org](http://www.rachelsvineyard.org). Inquiries, registration and participation are strictly confidential. Due to the nature of this retreat, the location is kept confidential until participants register. Visit [www.humanlifeanddignity/past-abortion.html](http://www.humanlifeanddignity/past-abortion.html).

[Printable Flyer](#)

### **November 3, 2018: Correction Ministry Conference: "My Heart Near to Your Heart"**



The Corrections Ministry of the Archdiocese of Indianapolis is hosting a conference - "**My Heart Near to Your Heart**" at St. Paul's Catholic Center (lower level), 1413 East 17th Street, Bloomington, IN 47408-1602.

***Who should attend? Clergy, lay volunteers, those in corrections professions, and anyone interested in learning more about Corrections Ministry. Parish teams especially encouraged to attend.***

The day will begin with opening comments from Archbishop Thompson, followed by Liturgy of the Hours. Father David Link, lawyer, dean of the Notre Dame Law School, husband, father, grandfather, widower, and now Catholic priest, Father Dave Link's story is an inspiration and challenge to all. In his priesthood, Father Dave does more than visit the incarcerated; he truly transforms their lives. His inspirational book, "**Camerado, I Give you My Hand**" shares his story and how God can be found anywhere and will be available for purchase.

The day will include interactive concurrent breakout sessions, networking with successful programs and ministries across the Archdiocese, and the opportunity to hear directly from those in re-entry and their families. No fee for the conference, but a free-will offering will be accepted. A complimentary lunch will be provided. Registration begins at 8:30 am with the program beginning promptly at 9:00 am. **\*\*You will need to complete a separate registration for each individual attending. \*\*** For more information or visit [www.archindy.org/corrections/](http://www.archindy.org/corrections/) To register [Click Here](#)

**Save the Date: January 21 & 22, 2019 – Indiana March for Life**

The Archdiocese of Indianapolis, the Diocese of Lafayette in Indiana, and Right to Life of Indianapolis invite you to the “**Vigil for Life**” on **January 21, 2019** and the “**Indiana March for Life**” on **January 22, 2019**. The event includes a Youth Rally with a night of worship and keynote speaker at St. John the Evangelist at 7pm on January 21<sup>st</sup>; Mass celebrated by Archbishop Thompson and Bishop Doherty at St. John the Evangelist at 12:10 pm on January 22<sup>nd</sup> followed by a March to the State Capitol. Make plans to attend. More details to come! Information is available by calling (317) 236-1543.

## **September Events Around the Archdiocese**

### **September 7, 2018: Women's Care Center First Friday Mass**

The Women's Care Center (4901 West 86th Street Indianapolis 46268) invites you to our First Friday Mass on **September 7, 2018** at 5:00 pm in our chapel. There will be light refreshments after Mass and the ability to take a tour and learn more about our mission. We are now serving over 30 women facing unplanned pregnancies many days, most of who benefit from multiple services, such as pregnancy tests, ultrasounds, parenting classes, and goals counseling. We are so grateful to be able to serve the women who walk through our door. If you have questions please contact Jenny Hubbard, Director, at (317) 509-9596. We hope to see you there!

### **September 13, 2018: Hope and Healing Survivors of Suicide (SOS) Monthly Support Group**

On second Thursday, **September 13<sup>th</sup>**, Hope and Healing, a support group for adults who have lost a loved one to suicide, struggle with thoughts suicide, or seek to understand the causes and prevention of suicide will meet at 7:00 pm. A children's support group, Spread Our Youthful Wings, for ages 9 years to 17 years old is held in the same location and same time as the Hope and Healing SOS Group. **For more information and location site**, please contact Judy Proctor at (317) 851-8344 or visit Hope & Healing SOS at [www.hopeandhealingsos.com](http://www.hopeandhealingsos.com).

### **September 15, 2018: Helpers of God's Precious Infants Prayer Vigil – Indianapolis**

On **September 15<sup>th</sup>** the 3<sup>rd</sup> Saturday of the month, please join in the Helpers of God's Precious Infants Prayer Vigil. Participants attend 8:30 am Mass at St. Michael the Archangel Church (3354 W. 30th St., Indianapolis, IN 46222). Following Mass, participants will prayerfully proceed to the nearby abortion facility and say the Rosary and Divine Mercy Chaplet. The devotions conclude between 10:30-10:45 am. Those who do not process to the facility may remain in the church to say the Rosary and Divine Mercy Chaplet. This event is sponsored by St. Michael's Parish. Please e-mail Peggy Geis at [peggygeis@att.net](mailto:peggygeis@att.net) for more information.

### **September 19, 2018: Respect Life Mass – Terre Haute**

On **September 19<sup>th</sup>** the 3<sup>rd</sup> Wednesday of the month, please consider joining the St. Joseph Pro-Life Ministry in praying the Divine Mercy Chaplet (St. Joseph University, 113, S Fifth St., Terre Haute) at 4:30 pm prior to the 5:15 pm Respect Life Mass. For more information, contact the parish office at (812) 232-7011.

### **September 20, 2018: Pray for an End to Abortion and Sins Against Life Adoration**

Please join us for Adoration of the Blessed Sacrament is held at **St. Joseph Catholic Church**, (1401 South Mickley Avenue, Indianapolis, IN 46241) on **every third Thursday – September 20, 2018** from 11:00 am – 7:00 pm to pray specifically for Gabriel Project mothers and babies, for an end to abortion, and sings against life, and for the closing of Clinic for Women abortion facility location at 3607 West 16<sup>th</sup> Street, and for a return to a "Culture of Life."

### **September 22, 2018: Faithful Citizens Rosary Crusade –Our Lady of the Most Holy Rosary**

Following the 10:00 am Mass at Holy Rosary Parish on Saturday, **September 22<sup>nd</sup>** join us for the recitation of the Rosary and Divine Mercy Chaplet as we witness and pray for the protection of Life, Family, and Religious Freedom. For more information, contact Eric at [faithful.citizens2016@gmail.com](mailto:faithful.citizens2016@gmail.com).

# WORD OF LIFE: SEPTEMBER 2018

*Recommended dates are provided, but you are welcome to use these materials at any time!*

## Featured this Month...

### Novena for the Legal Protection of Human Life



Each Friday, **from August 3, 2018 through September 28, 2018**, the weekly Call to Prayer is adapted as a nine-week Novena for the Legal Protection of Human Life.

In addition to the current invitation to fast on Fridays, participants are encouraged to pray one *Our Father*, *Hail Mary*, and *Glory Be* for the intention of the novena each week.

Participants are also provided with weekly opportunities to learn more about *Roe v. Wade* and share that information with their representatives. It's okay to jump in even after it's started!

Join at [www.usccb.org/pray](http://www.usccb.org/pray).

## Resources



- [Shareable Images](#)
- Fact Sheet: [Roe v. Wade: Questions and Answers](#)
- [Do You Know Roe?](#)

## Sample Pulpit/Bulletin Announcements

### Option 1

The U.S. bishops urge our participation each Friday in a nationwide Novena for the Legal Protection of Human Life, August 3–September 28. Participants receive weekly email or text reminders to pray and fast, along with little-known facts about *Roe v. Wade* to share with others. Sign up at [www.usccb.org/pray](http://www.usccb.org/pray)!

### Option 2

Each Friday, August 3–September 28, answer the U.S. bishops' call to pray and fast that a change in the U.S. Supreme Court will move our nation closer to the day when every human being is protected in law and welcomed in life. Join at [www.usccb.org/pray](http://www.usccb.org/pray)!

### Option 3

Each Friday, August 3–September 28, answer the U.S. bishops' call to education, fasting, and prayer for the legal protection of human life. Join at [www.usccb.org/pray](http://www.usccb.org/pray)!

View, download, and order the 2017-2018 Respect Life Program materials! [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

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## **WORD OF LIFE – September 2018**

### **Intercessions for Life**

#### **September 2<sup>nd</sup>**

For all who hold public office:  
May profound reverence  
for the dignity of every person  
be deeply rooted in their hearts;  
*We pray to the Lord:*

**Twenty-second Sunday in Ordinary Time**

#### **September 9<sup>th</sup>**

For all who have been harmed by abuse:  
May the Holy Spirit heal their wounds  
and help them find peace in justice;  
*We pray to the Lord:*

**Twenty-third Sunday in Ordinary Time**

#### **September 16<sup>th</sup>**

For all people of goodwill:  
May God transform  
our respect for human life  
into action for its protection;  
*We pray to the Lord:*

**Twenty-fourth Sunday in Ordinary Time**

#### **September 23<sup>rd</sup>**

For all who welcome children  
in the face of hardship:  
May they find strength  
and renewal in Christ;  
*We pray to the Lord:*

**Twenty-fifth Sunday in Ordinary Time**

#### **September 30<sup>th</sup>**

For caregivers of those who are sick or dying:  
May they find helpful support in  
family, friends, and the parish community;  
*We pray to the Lord:*

**Twenty-sixth Sunday in Ordinary Time**

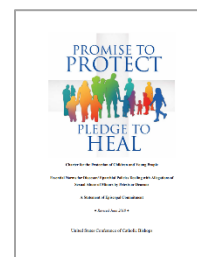


## Bulletin Quotes

### September 2<sup>nd</sup>

“We share Pope Francis’ ‘conviction that everything possible must be done to rid the Church of the scourge of the sexual abuse of minors and to open pathways of reconciliation and healing for those who were abused.’”

United States Conference of Catholic Bishops, “Charter for the Protection of Children and Young People” (2018 Revisions), quoting Pope Francis, Letter, February 2, 2015. © 2015 Libreria Editrice Vaticana. Used with permission. All rights reserved.



[Download](#)

### September 9<sup>th</sup>

“Holy Spirit, comforter of hearts, heal your people’s wounds and transform brokenness into wholeness. Grant us the courage and wisdom, humility and grace, to act with justice. Breathe wisdom into our prayers and labors. Grant that all harmed by abuse may find peace in justice. We ask this through Christ, our Lord.”

USCCB Secretariat of Child and Youth Protection, “Promise to Protect” Bookmark.



[Order](#)

[Download](#)

### September 16<sup>th</sup>

“Sometimes our actions speak for themselves; other times, words are needed. Whatever the situation, Jesus knows how to speak to each person's heart; we simply need to follow where he leads.”

USCCB Secretariat of Pro-Life Activities

“How to Build a Culture of Life,” [www.usccb.org/culture-of-life](http://www.usccb.org/culture-of-life)



[Order](#)

[Download](#)

### September 23<sup>rd</sup>

“We are created to walk with and support one another; we don't need to fear reaching out in love. Help your friend experience the strength of God's message that resounds throughout time: “Do not fear: I am with you” (Isaiah 41:10).

USCCB Secretariat of Pro-Life Activities

“What to Do When a Friend Is Considering Abortion”, [www.usccb.org/l-o-v-e](http://www.usccb.org/l-o-v-e)  
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[Order](#)

[Download](#)

### September 30<sup>th</sup>

“The dying process is a sacred time—a final season to seek closure in this life and prepare for the next in the hope of sharing in Christ's Resurrection. As you enter into this season with your friend or family member, ask God to accompany both of you.”

USCCB Secretariat of Pro-Life Activities

“Caring for Loved Ones at Life's End,” [www.usccb.org/endoflifecare](http://www.usccb.org/endoflifecare)



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## WORD OF LIFE - September 2018

### Bulletin Art

*You are welcome to use these and other downloadable images from the online [Respect Life image gallery](#), provided they are not altered in any way, other than the size. Thank you!*

**Sunday, September 2<sup>nd</sup>, 2018**

- [Download Image](#)



**Sunday, September 23<sup>rd</sup>, 2018**

- [Do You Know Roe?](#) ([Download](#))
- [Download Image](#)



**View, download, and order the 2017-2018 Respect Life Program materials! [www.usccb.org/respectlife](http://www.usccb.org/respectlife)**

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# PALABRA DE VIDA: SEPTIEMBRE DE 2018

*¡Se recomiendan fechas, pero se pueden utilizar estos materiales en cualquier momento!*

## Este mes presentamos...

### Novena por la Protección Legal de la Vida Humana



Todos los viernes, desde el **3 de agosto de 2018 hasta el 28 de septiembre de 2018**, el Llamado a la oración semanal sirve como una Novena por la Protección Legal de la Vida Humana de nueve semanas.

Además de la actual invitación a ayunar los viernes, se alienta a los participantes a rezar un *Padre nuestro*, *Ave María* y *Gloria al Padre* por la intención de la novena cada semana.

A los participantes se les dan oportunidades semanales para aprender acerca de *Roe vs. Wade* y compartir esa información con sus representantes. ¡Se puede inscribir incluso si ya empezó!

Participe en [www.usccb.org/pray](http://www.usccb.org/pray).

## Recursos



- [Imágenes para compartir](#)
- Hoja informativa: [Roe vs. Wade: Preguntas y respuestas](#)
- [¿Conoces a Roe?](#)

## Muestra para anuncios desde el púlpito y boletines

### Opción 1

Los obispos de EE. UU. piden nuestra participación cada viernes en una Novena Nacional por la Protección Legal de la Vida Humana, del 3 de agosto al 28 de septiembre. Los participantes reciben recordatorios semanales por correo electrónico o mensaje de texto para rezar y ayunar, junto con hechos poco conocidos sobre *Roe vs. Wade* para compartir con otras personas. ¡Inscríbase en [www.usccb.org/pray](http://www.usccb.org/pray)!

### Opción 2

Cada viernes, del 3 de agosto al 28 de septiembre, responde al llamado de los obispos de los Estados Unidos que nos invita a rezar y ayunar para que un cambio en la Corte Suprema de los EE. UU. lleve a nuestra nación al día en que cada ser humano sea protegido por la ley y acogido. ¡Únete en [www.usccb.org/pray](http://www.usccb.org/pray)!

### Opción 3

Cada viernes, del 3 de agosto al 28 de septiembre, responde al llamado de los obispos de los Estados Unidos para informarte, ayunar y rezar por la protección legal de la vida humana. ¡Únete en [www.usccb.org/pray](http://www.usccb.org/pray)!

¡Mire, baje y solicite los materiales del Programa Respetemos la Vida 2017-2018! [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

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## **Intercesiones por la Vida**

**2 de septiembre**

**22° Domingo del Tiempo Ordinario**

Por todos los que tienen un cargo público:  
para que el respeto profundo  
por la dignidad de cada persona  
nazca profundamente en su corazón;  
*roguemos al Señor:*

**9 de septiembre**

**23° Domingo del Tiempo Ordinario**

Por todos los que han sido afectados por abusos:  
para que el Espíritu Santo sane sus heridas  
y los ayude a encontrar paz y justicia;  
*roguemos al Señor:*

**16 de septiembre**

**24° Domingo del Tiempo Ordinario**

Por todas las personas de buena voluntad:  
para que Dios transforme  
nuestro respeto por la vida humana  
en acciones para protegerla;  
*roguemos al Señor:*

**23 de septiembre**

**25° Domingo del Tiempo Ordinario**

Por todos los que acogen a los niños  
frente a las adversidades:  
para que encuentren fortaleza  
y renovación en Cristo;  
*roguemos al Señor:*

**30 de septiembre**

**26° Domingo del Tiempo Ordinario**

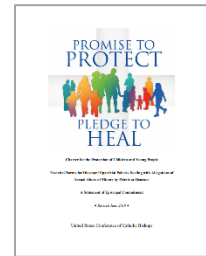
Por los cuidadores de los que están enfermos o por morir:  
para que encuentren un apoyo útil en  
su familia, amigos y en la comunidad parroquial;  
*roguemos al Señor:*

## Citas para boletines

### 2 de septiembre

"Compartimos con el Papa Francisco la 'convicción de que se debe continuar haciendo todo lo posible para erradicar de la Iglesia el flagelo del abuso sexual de menores, y abrir un camino de reconciliación y curación para quien ha sufrido abusos.'"

Conferencia de Obispos Católicos de Estados Unidos, "Estatuto para la protección de niños y jóvenes" (Revisiones de 2018), citando al Papa Francisco, Carta, 2 de febrero de 2015. © 2015 Libreria Editrice Vaticana. Se utiliza con permiso. Todos los derechos reservados.



[Baje](#)  
(solo en inglés)

### 9 de septiembre

"Espíritu Santo, consolador de corazones, cura las heridas de tus hijos e hijas y devuelve la integridad a lo que ha sido quebrantado. Concédenos el valor y la sabiduría, la humildad y la gracia, para actuar con justicia. Sopla tu sabiduría en nuestras oraciones y empeños. Que todos los que hayan sido heridos por el abuso encuentren paz y justicia. Te lo pedimos por Cristo, nuestro Señor."

Secretariado de la USCCB para la protección de niños y jóvenes, Señalador "Promesa de proteger".



[Pida](#) [Baje](#)

### 16 de septiembre

"A veces nuestras acciones hablan por sí mismas; otras veces, las palabras son necesarias. Pero Jesús siempre sabe hablar al corazón de cada uno; basta con ir por donde él nos conduce".

Secretariado de Actividades Pro-Vida de la USCCB  
"Edificar una cultura de vida", <http://bit.ly/2KZlh8n>



[Pida](#) [Baje](#)

### 23 de septiembre

"Somos creados para caminar juntos y apoyarnos unos a otros; no tenemos que temer acercarnos a los demás con amor. Ayuda a tu amiga a experimentar la fuerza del mensaje de Dios que resuena a través del tiempo: "No temas, estoy contigo" (Isaías 41,10).

Secretariado de Actividades Pro-Vida de la USCCB  
"Qué hacer si una amiga piensa en abortar", <http://bit.ly/2OCvzO7>  
Leccionarios I, II, y III, Comisión Episcopal de Pastoral Litúrgica de la Conferencia Episcopal Mexicana (C) 1987, quinta edición de septiembre de 2004. Se utiliza con permiso.



[Pida](#) [Baje](#)

### 30 de septiembre

"El proceso de la muerte es un tiempo sagrado, una estación final para buscar el cierre de esta vida y prepararse para la siguiente en la esperanza de participar en la Resurrección de Cristo. Al entrar en este tiempo con su familiar o amigo, pida a Dios que los acompañe a los dos".

Secretariado de Actividades Pro-Vida de la USCCB  
"Cuidado de los seres queridos al final de la vida", <http://bit.ly/2MiyE9w>



[Pida](#) [Baje](#)

## PALABRA DE VIDA: SEPTIEMBRE DE 2018

### Arte para boletines

Puede usar estas y otras imágenes para bajar de la galería de [imágenes en Internet de Respetemos la Vida](#) con la condición de que no se modifiquen de ningún modo, excepto en el tamaño. ¡Gracias!

#### Domingo, 2 de septiembre de 2018

- [Bajar imagen:](#)



#### Domingo, 23 de septiembre de 2018

- ¿Conoces a Roe? ([Bajar](#))
- [Bajar imagen:](#)



¡Mire, baje y solicite los materiales del Programa Respetemos la Vida 2017-2018! [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

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# Returning to our Center Health Ministry Retreat

Oldenburg Franciscan Center  
22143 Main Street  
Oldenburg, IN 47036

Reflections Led By:  
Sr. Olga Whittekind, OSF  
&  
Sr. Anne Vonder Muelen,  
OSF



9.7.2018

9am-3pm

[Register Here](#)

QUESTIONS EMAIL [KCARROLL@ARCHINDY.ORG](mailto:KCARROLL@ARCHINDY.ORG) OR CALL 317-236-1521

SPONSORED BY THE OFFICE OF THE HUMAN LIFE AND DIGNITY HEALTH MINISTRIES



## NOMINATION FORM

*Building a Culture of Life  
& Civilization of Love*



*Annual Respect Life Awards  
Archdiocese of Indianapolis  
Respect Life Sunday  
October 7, 2018*

Please return completed form to:

Office of Human Life and Dignity  
1400 N. Meridian Street  
Indianapolis, IN 46203  
OR

beichhorn@archindy.org

**All nominations must be received  
no later than  
August 31, 2018.**

**You will receive confirmation that  
this nomination has been  
received.**

### **The Archbishop O'Meara Respect Life Award**

honors an adult (or married couple) who demonstrates leadership in promoting the dignity and sanctity of human life in the parish community and in the Archdiocese.

### **Our Lady of Guadalupe Pro-Life Youth Award**

honors a high school student who demonstrates leadership in promoting the dignity and sanctity of human life in the parish community, school community, and in the Archdiocese.

## **NOMINEE**

Check one: ☐ The Archbishop O'Meara Respect Life Award  
☐ Our Lady of Guadalupe Pro-Life Youth Award

## **PART I:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Parish: \_\_\_\_\_

Occupation: \_\_\_\_\_

## **PART II:**

### **NOMINATED BY**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Relationship to Nominee: \_\_\_\_\_

(pastor, associate pastor, parish life coordinator, pastoral assistant, DRE, youth minister, parish pro-life coordinator/contact, other)

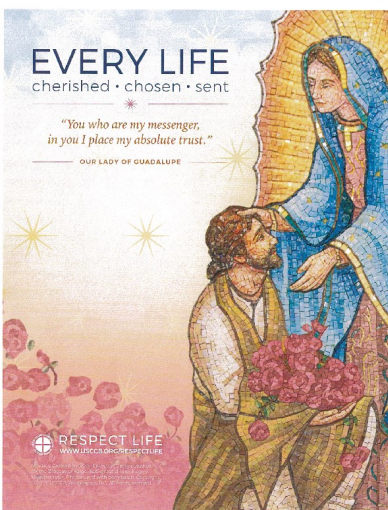
### **PART III – EXPLANATION OF NOMINATION**

Please provide the following information regarding the nominee.

- 1) Describe how the nominee demonstrates leadership in promoting the dignity and sanctity of human life in the parish community, school community, and in the Archdiocese.
- 2) Describe how the nominee witnesses to the intrinsic value of all human life through various activities.
- 3) You may wish to include such things as family, parish, work, volunteer experience, and personal spiritual gifts and characteristics as well as any other information you think is pertinent.

Note: While many respect life ministry initiatives address abortion, respect life also includes ministry to the terminally ill, handicapped, impoverished, neglected and marginalized.

**Please return this form to the Office of Human Life and  
Dignity no later than August 31, 2018.**



# **Respect Life Sunday**

## **October 7, 2018**

### **10:30 AM**

**SS. Peter and Paul Cathedral**  
**1347 North Meridian St.**  
**Indianapolis, IN 46202**

**Archdiocesan Mass with Award Presentations**

**Information about local Life Chains available at**

**[www.lifechain.net](http://www.lifechain.net)**

**Building a Culture of Life & Civilization of Love**

**[www.archindy.org/humanlifeanddignity](http://www.archindy.org/humanlifeanddignity)**

**E-mail: [beichhorn@archindy.org](mailto:beichhorn@archindy.org) or call (317) 236-1543 for more info**

## Sample Bulletin Announcements

### **Sample Announcement (Option 1):**

The U.S. bishops urge our participation each Friday in a nationwide Novena for the Legal Protection of Human Life, August 3–September 28. Participants will receive weekly email or text reminders to pray and fast, along with little-known facts about *Roe v. Wade* to share with others. Sign up at [www.usccb.org/pray](http://www.usccb.org/pray)!

### **Sample Announcement (Option 2):**

Each Friday, August 3–September 28, answer the U.S. bishops' call to pray and fast that a change in the U.S. Supreme Court will move our nation closer to the day when every human being is protected in law and welcomed in life. Join at [www.usccb.org/pray](http://www.usccb.org/pray)!

### **Sample Announcement (Option 3):**

Each Friday, August 3–September 28, answer the U.S. bishops' call to education, fasting, and prayer for the legal protection of human life. Join at [www.usccb.org/pray](http://www.usccb.org/pray)!

# *Mass for Those Affected by Mental Illness*

October 14, 2018  
2:00 PM

For all whose lives are affected by Mental Illness:  
individuals, family, friends and health care providers

**Ss. Francis and Clare Parish Church**

5901 W Olive Branch Rd, Greenwood, IN 46143

**Monsignor William Stumpf, Main Celebrant**

Please join us for a light reception following Mass

*St. Dymphna,  
Patron of those with  
mental illness,  
Pray For Us*



Questions?

Contact Keri Carroll at [kcarroll@archindy.org](mailto:kcarroll@archindy.org) or (317) 236-1521

Sponsored by the Secretariat for Pastoral Ministries & the Office of Catechesis  
Archdiocese of Indianapolis



ARCHDIOCESE OF INDIANAPOLIS

# CORRECTIONS MINISTRY CONFERENCE

ARCHBISHOP THOMPSON, FATHER DAVID LINK, &  
PRESENTERS FROM AROUND THE STATE IN  
CORRECTIONS MINISTRY

*"My Heart Near to Your  
Heart"*



ST. PAUL CATHOLIC  
CENTER, BLOOMINGTON, IN

SATURDAY, NOVEMBER 3, 2018  
8:30AM-3:30PM

Who should attend? Clergy, lay volunteers, those in corrections professions, and anyone interested in learning more about Corrections Ministry. Parish teams especially encouraged.

For more information & registration, visit [archindy.com/corrections](http://archindy.com/corrections)



# ***Project Rachel***

## **Experience Hope and Healing After Abortion**

Upcoming Retreat

**Rachel's Vineyard Healing Retreat: November 2-4, 2018**

For Confidential Help Contact  
317-452-0054 or [projectrachel@archindy.org](mailto:projectrachel@archindy.org)  
for more information.

*All Calls and Locations Are Confidential.*

### **A Special Word to Those Who Have Had an Abortion ...**

*Do not give in to discouragement and do not lose hope....  
If you have not already done so, give yourselves over with humility  
and trust to repentance. The Father of mercies is ready to give you  
his forgiveness and his peace ...  
~Saint John Paul II, The Gospel Life*



# HOPE FORGIVENESS HEALING



**PROJECT RACHEL**

POST-ABORTION HEALING MINISTRY

## BEGIN TO HOPE AGAIN

**A SPECIAL WORD TO THOSE WHO HAVE HAD AN ABORTION...**

“Do not give in to discouragement and do not lose hope...If you have not already done so, give yourselves over with humility and trust to repentance. The Father of mercies is ready to give you his forgiveness and his peace in the Sacrament of Reconciliation.”

~Saint John Paul II, *The Gospel of Life*

---

**HEALING RETREATS**

**NOVEMBER 2-4, 2018**

**MARCH 1-3, 2019**

CONFIDENTIAL HELP AFTER ABORTION: (317) 452-0054  
projectrachel@archindy.org

CALL FOR MORE INFORMATION. ALL INQUIRIES ARE CONFIDENTIAL.

SPONSORED BY THE OFFICE OF HUMAN LIFE AND DIGNITY  
ARCHDIOCESE OF INDIANAPOLIS

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[www.HopeAfterAbortion.com](http://www.HopeAfterAbortion.com) • [www.archindy.org/ProjectRachel](http://www.archindy.org/ProjectRachel)



# HOPE FORGIVENESS HEALING

**PROJECT RACHEL**

POST-ABORTION HEALING MINISTRY

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~Saint John Paul II, *The Gospel of Life*

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### HEALING RETREATS

**November 2-4, 2018 • March 1-3, 2019**

CONFIDENTIAL HELP AFTER ABORTION: (317) 452-0054

CALL FOR MORE INFORMATION. ALL INQUIRIES ARE CONFIDENTIAL.

SPONSORED BY THE OFFICE OF HUMAN LIFE AND DIGNITY THE ARCHDIOCESE OF INDIANAPOLIS

**(317) 452-0054**

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www.HopeAfterAbortion.com

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www.HopeAfterAbortion.com

# Falls Prevention



Falls are the leading cause of fatal and non-fatal injuries for older Americans. Falls threaten seniors' safety and independence and generate enormous economic and personal costs.

However, falling is not an inevitable result of aging. Through practical lifestyle adjustments, evidence-based falls prevention programs, and clinical-community partnerships, the number of falls among seniors can be substantially reduced.



## The Challenge

According to the U.S. Centers for Disease Control and Prevention:

- One-fourth of Americans aged 65+ falls each year.
- Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall.
- Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.
- Falls result in more than 3 million injuries treated in emergency departments annually, including over 850,000 hospitalizations and more than 29,000 deaths.
- In 2015, the total cost of fall injuries was \$50 billion.
- The financial toll for older adult falls is expected to increase as the population ages and may reach \$67.7 billion by 2020.

Falls, with or without injury, also carry a heavy quality of life impact. A growing number of older adults fear falling and, as a result, limit their activities and social engagements. This can result in further physical decline, depression, social isolation, and feelings of helplessness.

NATIONAL COUNCIL ON AGING

251 18<sup>th</sup> Street South, Suite 500 ■ Arlington, VA 22202 ■ 571-527-3900

ncoa.org ■ @NCOAging



# FALLS PREVENTION FACT SHEET



## NCOA's Role

NCOA leads the National Falls Prevention Resource Center, which supports awareness and educational efforts about falls and promotes evidence-based falls prevention programs and strategies across the nation. The purpose of the center is to:

- Increase public awareness and educate consumers and professionals about the risks of falls and how to prevent falls.
- Support and stimulate the implementation, dissemination, and sustainability of evidence-based falls prevention programs and strategies to reduce the incidence of falls among older adults and adults with disabilities.
- Serve as the national clearinghouse of tools, best practices, and other information on falls and falls prevention.

The National Falls Prevention Resource Center leads the **Falls Free® Initiative**, a national effort to address the growing public health issue of falls, fall-related injuries and deaths. The initiative includes a coalition of over 70 national organizations charged with working toward the progress of one or more of the strategies in the National Action Plan. Members are engaged in disseminating proven falls prevention programs, advocating for funding, and educating older adults about how they can reduce their risk of falling. The initiative also includes a 42-member State Coalition on Falls Prevention Workgroup charged with collaboratively promoting effective strategies to address falls.

[www.NCOA.org/FallsFreeInitiative](http://www.NCOA.org/FallsFreeInitiative)

The Falls Free® Initiative's work includes:

## Falls Free® National Action Plan

In March 2005, NCOA released the landmark evidence-based Falls Free® National Action Plan to prevent falls and fall-related injuries in older adults. The plan was updated in 2015 and continues to serve as a roadmap and catalyst for action. The plan includes goals, strategies and action steps to increase physical mobility, reduce the impact of medications as a falls risk factor, and improve home and environmental safety. The plan also promotes the expansion and funding of falls risk screening, assessment, and evidence-based programs.

## National Falls Prevention Awareness Day

Every September on the first day of fall, the Falls Free® Initiative promotes National Falls Prevention Awareness Day. States are encouraged to host and promote falls prevention awareness and screening activities to draw attention to the problem and offer older adults practical solutions. Forty-two states and DC participated in the 2017 event.

[www.NCOA.org/FPAD](http://www.NCOA.org/FPAD)

For more information, please visit

[www.NCOA.org/FallsPrevention](http://www.NCOA.org/FallsPrevention).

For questions, please email [fallsfree@ncoa.org](mailto:fallsfree@ncoa.org)

## About NCOA

*The National Council on Aging (NCOA) is a respected national leader and trusted partner to help people aged 60+ meet the challenges of aging. Our mission is to improve the lives of millions of older adults, especially those who are struggling. Through innovative community programs and services, online help, and advocacy, NCOA is partnering with nonprofit organizations, government, and business to improve the health and economic security of 10 million older adults by 2020. Learn more at [ncoa.org](http://ncoa.org) and @NCOAging.*

NATIONAL COUNCIL ON AGING

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[ncoa.org](http://ncoa.org) ■ @NCOAging



# Tome el control de su salud: 6 pasos para prevenir una caída

Cada **13 segundos**, un adulto mayor es atendido en la sala de emergencia por una lesión relacionada a una caída.

*Muchas caídas se pueden evitar.*

*¡Permanezca seguro con estos consejos!*

1

## Busque un buen programa de ejercicios y equilibrio

Un programa que le permita desarrollar equilibrio, fuerza y flexibilidad. Comuníquese con su **Area Agency on Aging** local para referencias. Busque un programa que le guste y lleve un amigo.



2

## Hable con el proveedor del cuidado de su salud

Pida una evaluación del riesgo de caídas. Menciónele de alguna caída reciente.



3

## Regularmente revise sus medicamentos con su doctor o farmacéutico

Asegúrese que los efectos secundarios no estén aumentando su riesgo de caídas. Tome sus medicamentos como se los han recetado.

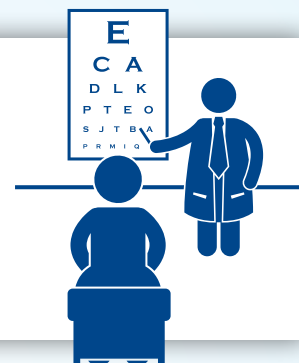


CONTINUES.

4

### Revise su vista y audición anualmente y actualice sus lentes

Sus ojos y oídos son la clave para mantenerlo de pie.



5

### Mantenga su hogar seguro

Retirar objetos que representen peligro de tropiezo, aumente la luz, asegure las escaleras e instale barandas de seguridad en áreas cruciales.



6

### Hable con su familia

Obtenga el apoyo de ellos al tomar pasos simples para estar seguro. Las caídas no son solo un problema de las personas mayores.



**ncoa**  
National Council on Aging

Para aprender más, visite [ncoa.org/FallsPrevention](http://ncoa.org/FallsPrevention).

NATIONAL COUNCIL ON AGING

571-527-3900 ■ [www.ncoa.org](http://www.ncoa.org)  
[www.facebook.com/NCOAging](https://www.facebook.com/NCOAging) ■ [www.twitter.com/NCOAging](https://www.twitter.com/NCOAging)

## Selected Educational Falls Prevention Resources for Older Adults and Caregivers



**National Council on Aging:** Infographics, brochures, tip sheets, videos, and other resources for older adults and caregivers.

- Infographics, Brochures, and Tip Sheets
  - [6 Steps to Prevent a Fall Infographic](#). Available in English, Spanish, and Portuguese.
  - [6 Steps to Preventing Falls Among Your Loved One](#)
  - [Osteoarthritis and Falls](#)
  - [Debunking the Myths of Older Adult Falls](#)
  - [Winterize to Prevent Falls](#)
- Videos
  - [6 Steps to Prevent a Fall Video](#). Available in English and Spanish.
  - [You Have the Power to Prevent a Fall Video](#)
  - [Making Your Home Falls Free](#)
- Other Resources
  - [Evidence-Based Falls Prevention Program Summaries](#). Find a program in your community by contacting your local [Area Agency on Aging](#), [State Falls Prevention Coalition](#), or an Administration for Community Living/Administration on Aging [Falls Prevention Grantee](#).
  - [Falls Prevention and Healthy Aging Blog](#) for Older Adults and Caregivers, including a blog post about [18 Steps to Fall Proof Your Home](#).
  - [Falls Prevention Success Stories](#)
  - [Falls Prevention Awareness Day Resources](#)

**Centers for Disease Control and Prevention Stopping Elderly Accidents, Deaths, & Injuries (STEADI) Tool Kit:** STEADI includes educational materials, including fact sheets, brochures, graphics and tools to improve falls prevention. All are [downloadable and customizable](#).

- [Family Caregivers: Protect Your Loved Ones from Falling](#).
- Check for Safety Brochure: Identify and Eliminate Falls Hazards in the Home. Available in [English](#) and [Spanish](#).
- Stay Independent Brochure. Available in [English](#) and [Spanish](#).
- What You Can Do to Prevent Falls Brochure. Available in [English](#), [Spanish](#), and [Chinese](#).
- Postural Hypertension: What It Is and How to Manage It. Available in [English](#) and [Spanish](#).

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[ncoa.org](http://ncoa.org) ■ @NCOAging

**Philips Lifeline:** Brochure on how to get up from a fall.

- [How to Get Up from a Fall](#)

**Go4Life:** An exercise and physical activity campaign from the National Institute on Aging at NIH designed to help you fit exercise and physical activity into your daily life. Download these [materials](#) or order free printed copies directly to your home.

- [Exercise and Physical Activity Guide](#). Available in English and Spanish
- [Exercise Guide Audiobook](#)
- [Tip sheets](#)
- [Motivational Flyers](#)
- [Success Stories](#)

**National Institute on Aging:** Age Pages and other resources.

- [Falls and Fractures](#) Age Page
- [Medicines: Use Them Safely](#) Age Page
- [Exercise and Physical Activity: Getting Fit for Life](#) Age Page
- [A Good Night's Sleep](#) Age Page
- [Talking with Your Doctor: A Guide for Older People](#)
- [NIH Senior Health](#)

**AARP:** Includes a family caregiving video series, and a guide to smart solutions for making a home comfortable, safe, and a great fit.

- [Family Caregiving Video Series Guide to Mobility](#). Available in English and Spanish.
- [Family Caregiving Video Series Guide to Medication Management](#)
- [HomeFit Guide](#)

**American Occupational Therapy Association:** Includes falls prevention, remaining in your home as you age, Alzheimer's disease, low vision, and others.

- [Tips for Older Adults](#)

**American Physical Therapy Association:** Numerous patient care and consumer education materials including two videos: One for caregivers and one on improving balance and avoiding falls, and related resources.

- [Balance and Falls](#)
- Physical Therapists Guide to Falls: [Move Forward](#)

**Eldercare Locator Preventing Falls at Home Brochure:** Offers a home safety check to help people understand what to do to help prevent falls around the home.

- [Falls at Home Brochure](#)

**Mayo Clinic**

- [Simple Tips to Prevent Falls](#)

NATIONAL COUNCIL ON AGING

251 18<sup>th</sup> Street South, Suite 500 ■ Arlington, VA 22202 ■ 571-527-3900

ncoa.org ■ @NCOAging

# Take Control of Your Health: 6 Steps to Prevent a Fall

*Every **11 seconds**, an older adult is seen in an emergency department for a fall-related injury.*

*Many falls are preventable.*

*Stay safe with these tips!*

1

## Find a good balance and exercise program

Look to build balance, strength, and flexibility. Contact your local Area Agency on Aging for referrals. Find a program you like and take a friend.



2

## Talk to your health care provider

Ask for an assessment of your risk of falling. Share your history of recent falls.



3

## Regularly review your medications with your doctor or pharmacist

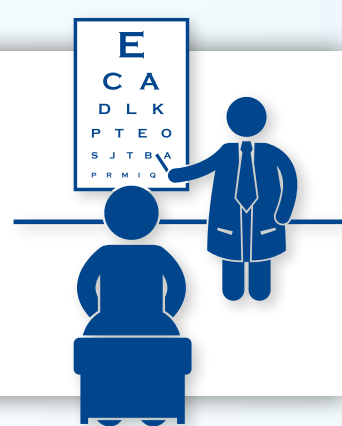
Make sure side effects aren't increasing your risk of falling. Take medications only as prescribed.



4

## Get your vision and hearing checked annually and update your eyeglasses

Your eyes and ears are key to keeping you on your feet.



5

## Keep your home safe

Remove tripping hazards, increase lighting, make stairs safe, and install grab bars in key areas.



6

## Talk to your family members

Enlist their support in taking simple steps to stay safe. Falls are not just a seniors' issue.



National Council on Aging

*To learn more, visit [ncoa.org/FallsPrevention](https://ncoa.org/FallsPrevention).*

NATIONAL COUNCIL ON AGING

NCOA.org

@NCOAging

# ANNULMENTS

## WHAT THE CATHOLIC CHURCH TEACHES

***Wednesday, October 24, 2018***

The annual general information session regarding the annulment process is offered each year through the Office of Marriage and Family Life.

This interactive meeting is designed to answer your questions. Presenters from the Metropolitan Tribunal include Fr. Joseph Newton, Judicial Vicar, Joe Gehret, Advocate, and Judge Instructors Ann Tully and Nancy Thompson.

- ♦ Why is an annulment necessary?
- ♦ What are the grounds for an annulment?
- ♦ What are the procedures?

The evening is hosted by the Catholic Center, 1400 N. Meridian Street, Indianapolis, IN from 6:30-8:30 p.m. in Assembly Hall. There is no cost and registration is not required.

For more information call **(317) 236-1586** or **1-800-382-9836, ext. 1586** or e-mail: [dvanvelse@archindy.org](mailto:dvanvelse@archindy.org).







# Being & Belonging

## A Weekend Retreat for Separated and Divorced Catholics

(All Faiths Welcome)

OCTOBER 26 – 28, 2018

OUR LADY OF FATIMA RETREAT HOUSE, 5353 E. 56TH STREET. INDIANAPOLIS, IN 46226

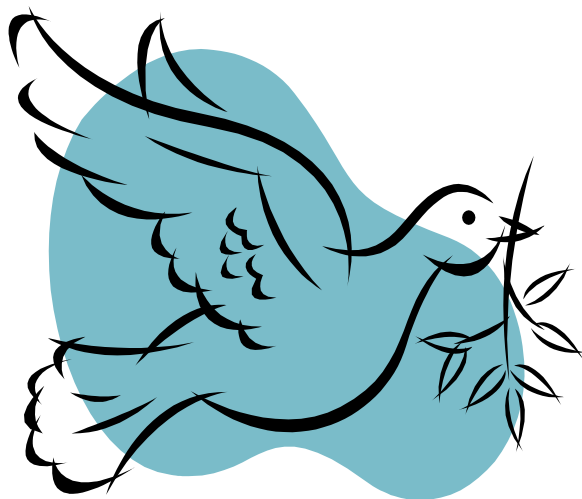
**D**iscover anew that God is with you in your struggles and in your hope. This retreat offers a safe place to wrestle with feelings about divorce, and find ways to heal and grow.

Come be at peace in the knowledge of God's love for you. Experience the understanding that others offer. A team of men and women who have experienced divorce and are actively involved in divorce ministry will share their stories and how they found hope and healing. This weekend is designed to help you heal old wounds, find new joy, and develop friendships.

The team will be accompanied by **Fr. Jim Farrell**, pastor of St. Pius X Parish. Fr. Jim served over 15 years as chaplain to Separated, Divorced and Remarried Catholics (SDRC)

Room and board is \$190 for the weekend. A deposit of \$90 will hold your room until check-in when balance is due. Scholarships are available. To register call Fatima at 317-545-7681. For more information contact the Office of Marriage and Family Life, (317) 236-1586 or email [dvanvelse@archindy.org](mailto:dvanvelse@archindy.org). Dietary and special need services are available.





**COME ON A JOURNEY BACK TO  
A LIFE FILLED WITH PROMISE  
AND PEACE.**

**ALLOW CHRIST TO WALK WITH  
YOU AS YOU REDISCOVER HIS  
HEALING AND REJUVENATING  
POWER THROUGH THE WISDOM,  
RICHNESS, AND TRUTH OF YOUR  
CATHOLIC FAITH.**

## GENERAL INFORMATION

### OUR LADY OF FATIMA RETREAT HOUSE

As an agency of the Archdiocese of Indianapolis, we welcome people from various religious traditions and not-for-profit groups in addition to meeting the needs of the Catholic community. Because we believe renewal is an art, you will find original photography, oil on canvas and lithography throughout our building.

Located on the northeast side of Indianapolis, nearly two miles west of I-465 at 5353 E. 56th St. Maps are available upon request.

The rooms are private rooms with semi-private bath. The simplicity of the rooms is meant to stand in contrast to our cluttered lives.

What to bring: We will provide all of the towels and linens. In addition to your personal items, you may want to bring an alarm clock. Comfortable clothes are the norm.

If you have questions that are not answered here, please call Our Lady of Fatima at 545-7681 or e-mail: [fatima@archindy.org](mailto:fatima@archindy.org)

For the best experience we encourage you to leave cell phones and watches in your room. You may use Fatima's phone number 317-545-7681 for loved ones to reach you in an emergency. We will find you if you are needed.

## **A RETREAT FOR SEPARATED AND DIVORCED CATHOLICS**

**(OPEN TO ALL FAITHS)**

**BEING & BELONGING  
OCTOBER 26—28 2018**



**Presented by  
THE ARCHDIOCESE OF  
INDIANAPOLIS  
OFFICE OF MARRIAGE &  
FAMILY LIFE  
&  
OUR LADY OF FATIMA  
RETREAT HOUSE  
5353 E. 56TH STREET  
INDIANAPOLIS, IN 46226**

## ABOUT THE PRESENTERS

A team of men and women who have experienced divorce and are actively involved in divorce ministry will share their stories and how they found hope and healing.

The team will be accompanied by **Fr. Jim Farrell**.

**Fr. Jim** serves as a priest of the Archdiocese of Indianapolis. Ordained in Rome by Pope Paul VI in 1975, Fr. Jim has served in a variety of pastoral assignments and has been a frequent retreat presenter for more than 30 years at Our Lady of Fatima Retreat House where he now serves as Director of Mission Advancement. Fr. Jim is also pastor of St. Pius X Parish in Indianapolis and presents parish missions across the archdiocese and for other parishes in the Midwest. He also served for over 15 years as chaplain to Separated, Divorced and Remarried

## PROGRAM SCHEDULE

**CHECK-IN FRIDAY 6:30 P.M.**

**CONCLUDE SUNDAY 1:30 P.M.**

**FOLLOWING EUCHARIST AND LUNCH.**

## ABOUT THE RETREAT

This retreat offers a safe place to wrestle with feelings about divorce, question where you belong, and find ways to heal and grow.

**Come to Fatima** and be at peace in the knowledge of God's love for you. Experience the understanding that others offer. Listen to their stories, which will touch on your journey. Share your own experiences when you are ready. This weekend will move you forward in the healing process and increase your sense of belonging through sharing.

Discover anew that God is with you in your struggles and in your hope. Retreat facilitators will lead you through activities designed to help heal old wounds, find new joy, and develop new friendships.

Come and meet others who will listen.

## REST AND RENEW

I earnestly call upon pastors and the whole community of the faithful to help the divorced and with solicitous care to make sure that they do not consider themselves as separated from the church for as baptized persons they can, and indeed must, share in her life.

-Pope John Paul II, Familiaris Consortio

***SIGN ME UP!***  
**BEING AND BELONGING**  
**FR. JIM FARRELL**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/ST \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

First Floor Room Needed \_\_\_\_\_

Dietary Restrictions (explain) \_\_\_\_\_

Cost \$190 Private Room \_\_\_\_\_

Deposit \$90—Balance due at check-in \_\_\_\_\_

Mail to:

Our Lady of Fatima Retreat House  
5353 E. 56th Street  
Indianapolis, IN 46226

# September 21-23, 2018

## 2nd Annual



Jennifer Trapuzzano found herself to be a widow less than a year after being married and just a few weeks before their first daughter was to be born. As a faithful Catholic, Jennifer clung to Christ, who has carried her through many dark times. She learned that "even in the darkest times, there's always a light"

While grieving has never been easy, she found understanding, companionship, and comfort by relating with other widows. Her hope is that through Peace in the Mourning, faithful widows can come together for hope and healing as they remember their beloved spouses.

The 2nd Annual Peace in the Mourning Retreat has been planned for you by widows who want others to experience the peace they found in this retreat experience last year.

Sr. Connie Kramer will serve as your facilitator for the retreat. Fr. Jim Farrell, Marilyn Hess and a panel of widows will serve as presenters.

Location: Our Lady of Fatima Retreat House 5353 East 56th Street, Indianapolis.

Cost: \$195 includes private overnight accommodations for 2 nights, all meals and the program.

Time: Program starts at 6:30 pm on Friday and ends on Sunday by 1 pm.

### To Register:

go to [www.archindy.org/fatima](http://www.archindy.org/fatima) and click 'register'  
or

contact our Registrar, Dustin Nelson,  
at 317-545-7681 Ext: 101



Scholarship money is available to help those who cannot afford the full cost of this retreat.

Call Cheryl McSweeney at 317-545-7681 \*106 for more information.

Jennifer Trapuzzano found herself to be a widow less than a year after being married and just a few weeks before their first daughter was to be born. As a faithful Catholic, Jennifer clung to Christ, who has carried her through many dark times. She learned that “even in the darkest times, there’s always a light.”

While grieving has never been easy, she found understanding, companionship, and comfort by relating with other widows. Her hope is that through Peace in the Mourning, faithful widows can come together for hope and healing as they remember their beloved spouses.

The 2nd Annual Peace in the Mourning Retreat has been planned for you by widows who want others to experience the peace they found in this retreat experience last year.

## *2nd Annual*

### *Peace in the Mourning Retreat*

#### *Information:*

**Dates:** September 21—23, 2018

**Cost:** \$195—Private Room

**Location:** Our Lady of Fatima  
Retreat House 5353 East 56th  
Street, Indianapolis, IN

#### **Who can attend?**

Widows of all ages and backgrounds. While the retreat will include elements of our Catholic faith, widows of all faiths are welcome to join on this journey of hope and healing.

The program starts on  
September 21st at 6:30 pm and  
ends on September 23rd by  
1:00 pm after lunch.

***Sign up today!***

***Space is limited***

## **WIDOW'S RETREAT**

### **REGISTRATION**

Name \_\_\_\_\_

Address \_\_\_\_\_

Daytime Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

#### **Registration Fee:**

**\$195—Private Room Register online at**

<http://www.archindy.org/Fatima>

\*Scholarship money is available to help pay a portion of the cost of this retreat. Call Cheryl McSweeney at 317-545-7681 \*106 for more information.

Or: Return completed registration form with check payable to:

Our Lady of Fatima Retreat House  
5353 East 56th Street  
Indianapolis, IN 46226

Email Cheryl McSweeney at  
[cmcsweeney@archindy.org](mailto:cmcsweeney@archindy.org) or  
call at 317- 545-7681 Ext: 106  
for further questions.

**We welcome you to  
join us on a journey  
to a life filled with  
promise and peace.  
Relax as you  
rediscover the  
healing and  
rejuvenating power  
of Christ through the  
wisdom, richness,  
and truth of your  
Catholic faith.**

**This retreat presents  
an opportunity to  
engage with other  
Catholic widows and  
offers a deep level of  
connection through  
the sacraments.**

### *Help Support the Retreat*

Do you feel called to make a donation to help make this retreat possible?

100% of any donations will be applied to the retreat.

Donations can be made online at:

[www.archindy.org/Fatima](http://www.archindy.org/Fatima). Donate to the 'Genesis Fund' for scholarships

Or by check to the following:

Our Lady of Fatima Retreat House  
5353 East 56th Street  
Indianapolis 46227

Memo Line Donation: **Peace in the Mourning/Genesis Fund**

Thank you for your prayerful considerations!



## 2nd Annual



*Christ Focused*

*Widow's Retreat*

**September 21-23, 2018**

Facilitated by: Sister Connie Kramer, SP

Other Presenters: Fr. Jim Farrell

Marilyn Hess

Panel of Widows







**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL  
CENTRAL INDIANA CHAPTER

**Crew**  
**CARWASH®**  
Fundraiser

**Babies & Cars!**  
**We love them both!**  
**Get a Carwash & Save Babies!**

**Ultrasounds Save Lives!**  
**Support the Knights**  
**Ultrasound Fund Now!**



**Buy Wash Tickets Now or E-washes Online (see reverse)!**

**Every \$9 Basic Carwash Ticket is worth \$9 toward an ultrasound machine!\***

**Every \$16 Works Ticket is worth \$16 toward an ultrasound machine!\***

\* 50% of the purchase price of each wash ticket is a donation to the Indiana State Knights of Columbus Ultrasound Fund ("Fund"), the other 50% goes to Crew. The Fund will receive a matching contribution from the Knights of Columbus Supreme Council when an ultrasound machine is purchased.

**Fundraiser Tickets Only Available during September**

**Wash Tickets have no expiration date and are good at any Crew Carwash**

**This fundraiser is being coordinated by the Knights of Columbus Central Indiana Chapter**



### A SPECIAL INVITATION

The Central Indiana Life Chain Committee and volunteers would like to invite you and your church family to be a part of National Life Chain Sunday. Please join us for ONE HOUR of prayer and be counted as one of thousands to stand up for the unborn in prayer before our Lord.

Join hundreds of other churches as they gather on Meridian Street in downtown Indianapolis for ONE HOUR of SILENT prayer. Each prayerful participant will hold one of our signs, provided by Life Chain, with one of the following messages:

Abortion Kills Children (Do you believe this?)  
 Abortion Hurts Women (Do you believe abortion exploits women?)  
 Adoption the Loving Option (Do you believe that God wants us all to be loved?)  
 Jesus Forgives and Heals (Has your life been affected by abortion?)  
 If you answered "yes" to any of these questions, then pick up a sign and join us on:

**SUNDAY, OCTOBER 7, 2018 ~ 2:30-3:30 PM  
 MERIDIAN STREET ~ DOWNTOWN INDIANAPOLIS**



I understand that no laws will be broken, no confrontations will be allowed, and that this is a peaceful, prayerful family event. I will stand with you for God and his preborn babies.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State: \_\_\_\_\_  
 Number attending with group: \_\_\_\_\_  
 Please return this form to: \_\_\_\_\_  
 Church Life Chain Contact: \_\_\_\_\_



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 Address: \_\_\_\_\_  
 City/State: \_\_\_\_\_  
 Number attending with group: \_\_\_\_\_  
 Please return this form to: \_\_\_\_\_  
 Church Life Chain Contact: \_\_\_\_\_



Dear Life Chain Contact,

**Thank you** for being an invaluable part of the Central Indiana Life Chain as your church's contact for this pro-life event, October 7. Without your efforts to build participation at your church, the Life Chain would not be the strong witness for Life that it is. Please assist us by doing the following things:

1. Give the enclosed "Dear Pastor" letter to your pastor as soon as possible.
2. "Masters" for a bulletin insert and small poster have been included in this packet to use for advertising as your pastor directs you. The bulletin insert could be used in the traditional way or as a "sign-up" sheet at a table promoting the Life Chain.
3. After you have determined approximately how many of your fellow members will be participating in the Life Chain, please RSVP that number as follows:
  - A) Catholic churches, RSVP to Angela Walker, (317) 698-0461.
  - B) All Hamilton County churches, both Catholic and Protestant, RSVP to Janet Smith, (317) 913-1409.
  - C) All other Protestant churches, RSVP to Larry Holbrook, (317) 919-1653.

{PLEASE NOTE: If you have participated in past Life Chains, your location along the Chain will remain the same unless you are notified. If you do not know your assignment, please contact Larry Holbrook at (317) 919-1653.}

4. **Ask your pastor to announce the Life Chain during or after services at least a week ahead of time.** Be certain your participants know your location along the Chain and **give each one a sign provided for you** at the Life Chain table nearest your assigned location.
5. T-shirts and Sweatshirts, a popular feature of the Chain, are available for purchase from the Life Chain Committee. **Orders are due by Friday Sept. 21<sup>th</sup>** (See the enclosed order form for information.), and **pick-up will be Sept. 28 & 29.** The shirts are a wonderful witness for the unborn and help defray the costs of this event, necessary since Life Chain of Central Indiana is a non-profit 501.C3 organization comprised solely of volunteers.
6. On Sunday, October 7, have your group arrive early enough for the Chain to begin promptly at 2:30 p.m., and please remind them that we need to be aware of the following:
  - A) We are to **pray silently and reverently**; small talk is for **before** 2:30 and **after** 3:30 p.m.
  - B) We must not block driveways or stand on people's lawns.
  - C) Wherever possible, participants should stand at least 10 feet apart, fill gaps, and make the Chain as continuous as possible.

Thank you for providing such strong and valuable support for the Life Chain!

**ONE HOUR, ONCE A YEAR  
LIFE CHAIN: STANDING STEADFAST FOR THE UNBORN!**

Contact Information: (317) 913-1409; Website: [www.centralindianalifechain.org](http://www.centralindianalifechain.org)



2018

A National Interdenominational Prayer Gathering  
Sunday, October 7, 2018  
2:30-3:30 PM

**"ONE HOUR, ONCE A YEAR"**  
North Meridian from Michigan Street to 38<sup>th</sup> Street, Indianapolis



Children are a gift  
from the Lord:  
the fruit of the womb  
is His reward.  
Psalm 127:3

For more information, phone 317-913-1409 or visit our website: [www.centralindianalifechain.org](http://www.centralindianalifechain.org).  
We ask that you notify the Life Chain staff if you wish to participate so that a street assignment may be given to you.  
However, walk-ons are always welcome! The Life Chain is a non-for-profit 501.C3 organization formed by a coalition of  
Pro-Life churches and groups in and around the Central Indiana area.



Dear Pastor,

“Beloved of God, called to be saints: Grace to you and peace from God our Father, and the Lord Jesus Christ” (Romans 1:7). Like St. Paul in his epistle to the Romans, we at the Central Indiana Life Chain thank our God through Jesus Christ for all believers and invite you and your congregation to participate in the **2018 Life Chain, Sunday, October 7, from 2:30-3:30 p.m. along Meridian from Michigan Street north to 38<sup>th</sup> Street.**

As long as preborn children from our community and nation are considered disposable, we who know Christ must boldly plead the cause of our nation’s most innocent and voiceless citizens. In Psalm 139:13, 14, the psalmist proclaims: “For you formed my inmost parts; You knitted me together in my mother’s womb. I will praise You, for I am fearfully and wonderfully made.” On October 7, like-minded Christians throughout the United States will stand on America’s sidewalks in a silent witness to God’s glorious creation and against the perversity of abortion.

Participants in the Central Indiana Life Chain will be provided pro-life signs to hold during an hour of fervent, silent prayer that the Holy Spirit will change hearts both locally and nationally. God will surely bless our witness to the community as the faithful stand humbly yet boldly along the Meridian Street Life Chain, October 7, confessing God as the creator of *all* life and proclaiming His love of the unborn!

Questions that you may have about the Life Chain can be answered by contacting us at [www.centralindianalifechain@gmail.com](mailto:www.centralindianalifechain@gmail.com), or for your convenience we can also be reached at 317-913-1409.

We thank you for your prayerful consideration of promoting and participating in the 2018 Life Chain, “one hour, once a year,” **October 7, 2:30-3:30 p.m.**, and we pray for God’s continued blessing on you and your congregation.

In Christ’s love and service,  
*The Central Indiana Life Chain Committee*

[www.centralindianalifechain.org](http://www.centralindianalifechain.org)



# T-SHIRT ORDER FORM



Verse on front of shirt reads: Life The RIGHT Choice

Verse on back of shirt reads: LOVE THEM BOTH

Children are a gift from the Lord: the fruit of the womb is His reward. Psalm 127:3

Name of Church: \_\_\_\_\_

Coordinator's Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

T-shirts are \$8.00 each (2XL and 3XL are \$10.00 each)

Sweatshirts are also available in sizes \$15.00 (2XL and 3XL are \$18.00)

NAME	YOUTH M (31)	ADULT SMALL (36)	ADULT MEDIUM (40)	ADULT LARGE (44)	ADULT XL (48)	ADULT 2XL (52)	ADULT 3XL	* TS * SS

\* TS Denotes T-shirt

\* SS Denotes Sweatshirt

**IMPORTANT: T-SHIRT ORDER DEADLINE IS SEPTEMBER 21<sup>st</sup>; LETTERS MUST BE POSTMARKED BY SEPTEMBER 20<sup>th</sup>; CALLS OR EMAIL BY SEPTEMBER 21<sup>st</sup>. CALL (317) 882-0651 OR EMAIL [centralindianalifechain@gmail.com](mailto:centralindianalifechain@gmail.com).**

**Make checks payable to Central Indiana Life Chain and mail to 7923 Gold Brook Dr., Indpls., IN 46237.**

**Please contact one of the following locales to arrange a pick up time to get your shirts.**

**North**  
8235 Los Robles Rd  
Fishers, IN 46038  
317-913-1409

**East**  
9635 Trilobi Dr.  
Indpls, IN 46236  
317-698-0461

**South/West**  
7923 Gold Brook Dr.  
Indpls. IN 46237  
317-882-0651





**Sunday**  
**Oct. 7, 2018**  
**2:00-3:30 P.M.**

## **Join the 31st NATIONAL LIFE CHAIN!**

- ❖ Stand with thousands of pro-lifers throughout the USA!  
You'll be a light in a darkened world as you  
help put an end to abortion through prayer!
- ❖ Bring your whole family! Rain or shine!
- ❖ Water, lawn chairs, umbrellas and strollers are welcome!
- ❖ Signs proclaim "Abortion Kills Children," "Adoption the Loving Option," "Jesus Forgives & Heals," "Lord, Forgive Us and Our Nation," "Abortion Hurts Women," "El Aborto Mata Ninos," "Life – the first Inalienable Right" and "Pray to End Abortion"
- ❖ Meet and Park behind Vigo County Court House.
- ❖ Stand 25-30 feet apart. Do not park in front of an open business.

See **www.LifeChain.net** for more than 1950 locations  
in 1600 cities and towns across the United States and Canada.

**See other side for Indiana Life Chain Locations.**

Some Indiana locations and coordinators may change.  
(Tom 812-841-0060)

**LIFE CHAIN** is a peaceful and prayerful public witness of pro-life Americans standing for one hour praying for our nation and for an end to abortion. It is a visual statement of solidarity by the Christian community that abortion kills children and that the Church supports the sanctity of human life from the moment of conception.

## **Indiana Life Chain Locations**

**BEDFORD** - W 16th St at State Rd 37S, 2:30 to 3:30 p.m.; Judy Steich 812-277-1926

**BLOOMINGTON** - 3rd St at High St, 2:00 to 3:00 p.m.; Scott Tibbs 812-391-3430

**BRAZIL** - Hwy 40 at Alabama St, 2:00 to 3:15 p.m.; Jeffery Etling 812-448-9147

**CARMEL** - Rangeline Rd at 116th St, 2:30 to 3:30 p.m.; signs  
in front of Holy Family Bookstore; coordination needed for 2011

**COLUMBIA CITY** - Main St (State Rd 9) at Van Buren St, 2:00 to 3:00 p.m.; Debra  
Tomaszewski 260-213-4445

**CONNERSVILLE** - 30th St at Park Rd, 2:00 to 3:00 p.m.; Barbara Wagner 765-647-3154

**COVINGTON** - Rt 136 at Liberty by Court House, 2:30 to 3:30 p.m.; Reba Osborn 765-793-  
4439

**DECATUR** - Monroe at 5th St, 2:00 to 3:00 p.m.;

**DELAWARE COUNTY / MUNCIE** - McGalliard Rd at 811 Plaza, 2:30 to 3:30 p.m.; Sherry  
Whitesel 765-284-8428

**ELKHART** - U.S. 33 at Mishawaka Rd (meet at Concord JH lot), 2:00 to 3:00 p.m.; Amy  
Wantz 574-534-2895

**EVANSVILLE** - Green River Road at Lloyd Expy, 12:30 to 2:00 p.m.; Mary Ellen Van  
Dyke 812-474-3195

**FRANKFORT / CLINTON COUNTY** - Wabash St (SR 28E) at Maish Rd, 2:00 to 3:30  
p.m.; signs at Frankfort High School lot; Jim Guckien 765-659-3824

**HARTFORD CITY** - SR 3 at SR 26, 2:30 to 3:30 p.m.; Jen Holst 765-348-3514

**HIGHLAND / MUNSTER / LANSING** - Ridge Rd between Burnham Ave and Indianapolis  
Blvd, 2:00 to 3:00 p.m.; Annette Mellady 219-838-1138 Marsha Horak 219-924-8370

**INDIANAPOLIS** - Meridian Street from Monument Circle to 38th Street, 2:30 to 3:30  
p.m.; Larry & Nora Hovee 317-882-7733

**KOKOMO** - Markland St at Washington St, 2:00 to 3:00 p.m.; Bob Clawson 765-883-4733

**LAFAYETTE / TIPPECANOE COUNTY** - Court House on St Rd 26 to Purdue Campus,  
2:30 to 3:30 p.m.; Kristy Korchnak 765-714-9554

**LEBANON** - Westside of Court House Square, 2:00 to 3:00 p.m.; Chuck Williams 317-769-  
3871

**MICHIGAN CITY** - Franklin St at Ripley, 2:00 to 3:00 p.m.; Sheryll Werner 219-873-9084

**MILAN** - Hwy 101 at Hwy 350, 2:30 to 4:00 p.m.; Ed King 812-744-3882

**NOBLESVILLE** - Conner at 10th St, 2:30 to 3:30 p.m.; Ken Waldron 317-776-3019

**PLYMOUTH** - Michigan at Jefferson, 2:30 to 3:30 p.m.; Darlene Edgecomb 574-935-5783

**PORTAGE** - Central Avenue at Hamstrom Road to City Hall, 2:00 to 3:00 p.m.; signs at City  
Hall; Kathy Heckman 219-762-8393

**ROCKPORT / SPENCER COUNTY** - Hwy 66 at Hwy 231, 2:30 to 3:30 p.m.; Linda  
Smith 812-568-0008

**TERRE HAUTE** - 3rd Street at Wabash, 2:00 to 3:30 p.m.; Tom McBroom 812-841-0060

**VALPARAISO** - Roosevelt Road and Lincolnway, 2:00 to 3:00 p.m.; Stacie Stolz 219-733-  
9645

**WABASH** - Cass St at CMA Church, 2:00 to 3:00 p.m.; Jeni Friedersdorf 260-563-7275 or  
Karen Cole 765-833-9841

**WARSAW** - Winona Ave at Buffalo St (SR 15), 2:00 to 3:00 p.m.; Dave Koontz 574-551-0239  
or Right To Life office 574-267-3481

**WESTFIELD** - SR 32 at Union St, 2:30 to 3:30 p.m.; Katie Svec 317-774-7832