



*Office of Marriage and Family Life  
Office of Human Life & Dignity*

### **Bulletin Announcements for July 2020**

Included in this mailing, please find the bulletin announcements and fliers for the **month of July for the Offices of Marriage and Family Life & Human Life and Dignity**. Please consider adding any announcements to your bulletin that your parishioners may be interested.

If your parish has Marriage and Family Life or Human Life & Dignity events you want other parishes to know about, please submit them to Keri Carroll by e-mail. We will be in contact with you regarding your request. You may also contact Keri if there are any fliers and brochures listed below that you would like printed and mailed to you. Keri can be reached at (317)-236-1521 [kcarroll@archindy.org](mailto:kcarroll@archindy.org).

Please visit <https://www.archindy.org/humanlifeanddignity/BulletinsAndNewsletters.html> for the PDF version of these announcements.

Thank you!

### **Word of Life Bulletin Series and Intercessions from USCCB**

<http://www.usccb.org/about/pro-life-activities/word-of-life/>

English: <http://www.usccb.org/about/pro-life-activities/word-of-life/upload/Word-of-Life-2020-07.pdf>

Spanish: <http://www.usccb.org/about/pro-life-activities/word-of-life/upload/Palabra-de-Vida-2020-07.pdf>

**Don't Forget to check these Office events**

**Register for the following:**

**Rachel's Vineyard Retreat – July 31 – August 2, 2020**

**Save the Date: Substance Addiction Mass – August 13, 2020**

**Save the Date: Anti-Trafficking Kick-Off – August 18, 2020**

**Mental Health Mass – September 15, 2020**

**Respect Life Mass – October 4, 2020**

**Save the Date: Corrections Ministry – November 2020**

# **For Any or All Weekends in July**

## **Pastoral Ministries**

### **Office of Marriage and Family Life Events**

#### **Family Enrichment**

- [Courage & Encourage Annual Conference – July 25 – 26, 2020](#)  
[40 Years of Courage: A Legacy of Hope](#)

#### **Marriage Prep**

- [PreCana – November 21, 2020 – Ss. Francis and Clare, Greenwood](#)

#### **Marriage Enrichment**

- [Marriage Retreat – Retrouvaille - August 7-9, 2020:](#)
- [Golden Wedding Jubilee](#)

#### **Natural Family Planning Awareness – July 19 – 25, 2020**

#### **Healing Ministries**

- [Divorce and Beyond – August 10 – September 21, 2020](#)

## **Office of Human Life and Dignity**

#### **Birthline Ministry**

- [Birthline Volunteer Opportunities](#)

#### **Respect Life Ministry**

- [Respect Life Mass – October 4, 2020](#)

#### **Project Rachel**

- [Rachel Vineyard Retreat – July 31 – August 2, 2020](#)

#### **Health Ministries – Resources**

- [Mental Health Mass – September 15, 2020](#)

#### **Substance Addictions Ministry – Resources**

- [Substance Addictions Mass – August 13, 2020](#)

#### **Corrections Ministry – New Videos**

- [Correction Ministry Conference – November 21, 2020](#)

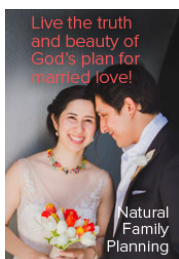
## **Events Around the Archdiocese**

- [Women's Care Center First Friday Mass](#)
- [Hope & Healing Survivors of Suicide Monthly Support Group – Indianapolis](#)
- [Respect Life Mass – Terre Haute](#)
- [Faithful Citizens Rosary Crusade](#)
- [Pray for an End to Abortion and Sins Against Life Adoration](#)
- [Living with Pulmonary Fibrosis, St. Joseph, Indianapolis](#)

# **Marriage & Family Life – Gabriela Ross**

**[www.archindy.org/marriageandfamily](http://www.archindy.org/marriageandfamily)**

## **July 19-25, 2020: NFP Awareness Week**



“Live the truth and beauty of God’s plan for married love!” is the theme of this year’s Natural Family Planning Awareness Week, a national educational campaign of the United States Conference of Catholic Bishops (USCCB) to celebrate God’s design for married love and the gift of life and to raise awareness of Natural Family Planning (NFP) methods. “NFP,” as the U.S. bishops have written, is supportive of Catholic beliefs about married love because it “respects the God-given power to love a new human life into being” (see, U.S. Bishops, Married Love and the Gift of Life).

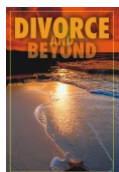
The dates of Natural Family Planning Awareness Week (July 19–25, 2020) annually highlight the anniversary of Humanae vitae (July 25) as well as the feast of Saints Joachim and Anne (July 26), the parents of the Blessed Mother.

Resources (e.g., the NFP Week poster, web banners, prayers, homily notes, bulletin inserts, etc.) and ideas for celebrating and promoting NFP Awareness Week in your area can be found on the USCCB’s NFP Program website: [usccb.org/nfp/awareness-week/index.cfm](http://usccb.org/nfp/awareness-week/index.cfm). For more information, contact [nfp@usccb.org](mailto:nfp@usccb.org).

## **July 25 – 26, 2020: Courage & Encourage Annual Conference- 40 Years of Courage: A Legacy of Hope**

Join us as we celebrate four decades of pastoral care, fellowship, and prayerful mutual support. To register and get more information please visit [www.couragerc.org/conference2020](http://www.couragerc.org/conference2020).

## **August 10 – September 21, 2020: Divorce and Beyond 6-Week Fall Session**



There will be a Divorce and Beyond Session for six consecutive Monday evenings at the Catholic Center (1400 North Meridian Street, Indianapolis, IN 46201) in the **Franciscan Conference Room** from 7:00-9:00 pm starting February 20<sup>th</sup> and run through March 26, 2020. The support group explores the stress, anger, blame and guilt of divorce with the goal of leading participants toward ultimate forgiveness, happiness and growth. Separated or divorced of all faiths are welcome.

The cost of the six-week program is \$30, which includes materials. Scholarships are available. Registration forms may be obtained online [www.archindy.org/marriageandfamily/ministries-divorce.html](http://www.archindy.org/marriageandfamily/ministries-divorce.html) or to [register online click here](#). For more information please call Gabriela Ross, [gross@archindy.org](mailto:gross@archindy.org) or (317) 592-4007. [Please check the website for the latest updates on safety information.](#)

## **August 9, 2020: Golden Wedding Jubilee**

***\*\*The Office of Marriage and Family Life has cancelled the 37th Annual Golden Wedding Jubilee Mass originally scheduled for Sunday, August 9, 2020 with Archbishop Thompson presiding. The population normally attending the mass is in the 65+ age range and considered high risk. Out of prudence, we are cancelling this year's event.***

***We still plan to have next year's wedding anniversary event on August 29, 2021 at 2:00 pm at SS Peter and Paul Cathedral.\*\****

### **August 7-9, 2020: Marriage Retreat - Retrouvaille**



Do you feel alone? Are you frustrated or angry with your spouse? Do you argue, or have you stopped talking to each other? Do you wonder if your marriage might end?

A Retrouvaille retreat for marriages in crisis will be held near Indianapolis on August 7 -9<sup>th</sup>.

To learn more about the program or to register for the February 26-28<sup>th</sup> weekend and follow-up post-weekend sessions in Indianapolis, visit [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com) or [www.retrouvaille.com](http://www.retrouvaille.com).

Registration Fee \$150 and location will be provided with registration confirmation. For confidential information e-mail [RetrouIndy@gmail.com](mailto:RetrouIndy@gmail.com) or call (317) 489-6811. **Contact Email:** [register@retroindy.com](mailto:register@retroindy.com)

#### **Registration**

## **Marriage Prep Opportunities**

**We are working to offer our Pre-Cana marriage preparation retreats again in the fall. We will send out a memo when we have confirmed dates. For questions, contact Abby Lasher, Pre-Cana coordinator in the office of Marriage and Family Life at [alasher@archindy.org](mailto:alasher@archindy.org).**

### **November 21, 2020: Pre-Cana Conference – SS. Francis & Clare, Greenwood**

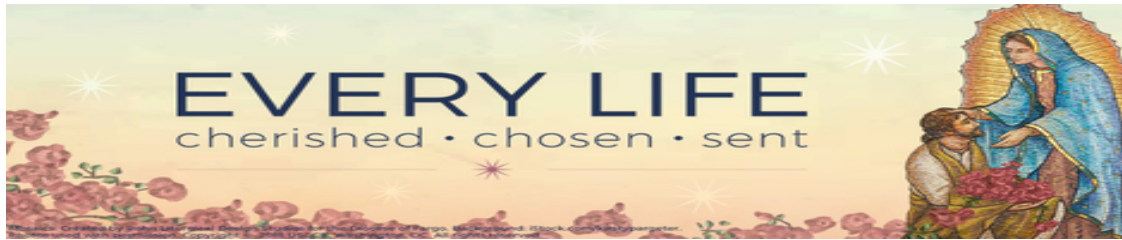


The Pre-Cana conference is a 1 day workshop that uses the *Joy-Filled Marriage Program*. This program prepares couples to live a Joy-filled marriage, and addresses the issues and challenges engaged couples face today. Heavily rooted in Pope St. John Paul II's *Theology of the Body*, the program has two basic components- Life Skills and Catechetical. It will be held at **SS. Francis & Clair (5901 Olive Branch Road, Greenwood, IN 46143) from 9 am – 7 pm. We will be attending the private Vigil Mass where there will be a special blessing for all engaged**

**couples at Pre-Cana.**

Click here [To Register](#) or visit [www.archindy.org/marriageandfamily/marriage-precana.html](http://www.archindy.org/marriageandfamily/marriage-precana.html).

## Human Life & Dignity – Brie Anne Varick



To Learn more about the Ministries of Human Life & Dignity office visit the following webpages:

[www.archindy.org/humanlifeanddignity](http://www.archindy.org/humanlifeanddignity)

[Birthline Ministry webpage](#)

[Health Ministry webpage](#)

[Mental Health webpage](#)

[Substance Addiction Ministry \(SAM\) webpage](#)

[Corrections Ministry webpage](#)

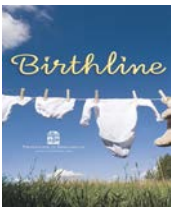
[Hospice and Palliative Care webpage](#)

[Observance of Roe vs. Wade](#)

[Religious Freedom webpage](#)

[Project Rachel webpage](#)

### Birthline–Volunteers Needed



*Birthline is a ministry of the Office of Human Life & Dignity which provides baby layettes for families in need.*

*Birthline is currently open only to case managers picking up for their clients. We hope to start seeing clients again at the end of July.*

### Birthline's Current Wish List

- **We are currently receiving** donations which are accepted on **Monday or Wednesday 10:00 am – 2:00 pm** at the Catholic Center (1400 North Meridian Street, Indianapolis, 46202 – at the door on the north side of the building – ring the doorbell.)
- **Needed: Volunteers** to help on Monday and Wednesday at the Catholic Center to prepare layettes and assist clients. Training is provided.
- **Needed: Phone Volunteers** help monitoring and scheduling clients from their home. Training is provided. Must have computer.
- **Needed: Joe-Handyman** to help on Wednesday from 9:00 am – 3:00 pm to assist clients from reception area to Birthline and then help them take their layettes out to their cars, and to receive donations being brought to Birthline.

If you are available to help in this ministry please contact Keri Carroll, at (317) 236-1433 or [birthline@archindy.org](mailto:birthline@archindy.org) [Birthline Wish List](#)

### **Rachel Vineyard Healing Retreats**

If you are suffering after abortion, you may feel very alone. You may have experienced abortion many years ago and never told anyone. You may be struggling with a more recent abortion. Regardless of the circumstances, healing is possible. If you would like to learn or to register for a retreat, please contact (317) 452-0054 or [www.archindy.org/humanlifeanddignity/past-abortion.html](http://www.archindy.org/humanlifeanddignity/past-abortion.html). For more information regarding Rachel's Vineyard Retreats visit: [www.rachelsvineyard.org](http://www.rachelsvineyard.org). Inquiries, registration and participation are strictly confidential.

### **July 31-August 2, 2020: Rachel Vineyard Healing Retreat**

A Rachel's Vineyard Retreat will be held in the Greater Indianapolis area July 31-August 2, 2020 for women and men who have known regret, sorrow, guilt or shame after abortion. The weekend combines living scripture meditations, spiritual exercises, and discussions in a guided process that leads to the heart of God's love and compassion. If you would like to learn more about this retreat or register for this retreat you can contact our Project Rachel Team at our confidential line (317) 452-0054 or [projectrachel@archindy.org](mailto:projectrachel@archindy.org). For general information about Rachel's Vineyard Retreats visit [www.rachelsvineyard.org](http://www.rachelsvineyard.org). Inquiries, registration and participation are strictly confidential. Due to the nature of this retreat, the location is kept confidential until participants register.

**[Printable Flyer](#)**

### **August 13, 2020: Substance Addictions Ministry Recovery Mass– Indianapolis**



#### **“Prayer for those Struggling with Addictions, their Families, and Community”**

Addiction touches many people's lives, but it is something that few of us really discuss. Addiction should not be battled alone! It impacts the individual, family, and community-we all know someone who is affected by an addiction of some sort. Please join **Archbishop Thompson and Substance Addiction Ministries of Archdiocese of Indianapolis** on **August 13 at 7:00 pm** for a Substance Addiction Ministry Mass at Ss. Peter and Paul Cathedral (1347 North Meridian St, Indianapolis 46202), where we will lift up in prayer those who are afflicted and affected by addictions. Please contact us at [bvarick@archindy.org](mailto:bvarick@archindy.org) with any questions. Please RSVP at <https://indyfamily.flocknote.com/signup/4101>.

### **August 18, 2020: **SAVE THE DATE** – Anti-Trafficking Kick-Off**

This will be a virtual meeting from 6:30 – 8:00 pm. Stay tuned for more information. Or contact [tchamblee@archindy.org](mailto:tchamblee@archindy.org).

### **September 15, 2020: Mental Health Healing Mass – St. Mark's, Indianapolis**

Join us on September 15<sup>th</sup> at 7:00 pm at St. Mark Catholic Church (535 E. Edgewood Avenue, Indianapolis 46227) for a mass celebrated by Msgr. William Stumpf for those who are affected by mental illness.

**[Printable Flyer](#)**



## **October 4, 2020: Respect Life Sunday Mass – SS. Peter & Paul Cathedral, Indianapolis**

### ***Award Nominations – \*\*Nominations are due September 3rd \*\****

Each year, the Office of Human Life & Dignity honors an adult or married couple and a high school student at the **Annual Respect Life Sunday Mass on October 4, 2020** at SS. Peter and Paul Cathedral. Please consider nominating an adult or married couple whom you believe should be recognized for their leadership in promoting the dignity and sanctity of human life in the parish community and the Archdiocese for the **Archbishop O'Meara Respect Life Award** or a high school student who demonstrates leadership in promoting the dignity and sanctity of human life in the parish, community, school community and in the Archdiocese for the **Our Lady of Guadalupe Pro-Life Youth Award**. To obtain a nomination form visit [www.archindy.org/humanlifeanddignity](http://www.archindy.org/humanlifeanddignity). Completed nomination forms should be submitted to the Office of Human Life & Dignity at 1400 N. Meridian St, Indianapolis, IN 46202, or emailed to [beichhorn@archindy.org](mailto:beichhorn@archindy.org) no later than **September 3, 2020**.

### **[Printable Nomination Form](#)**

## **November 21, 2020: Corrections Ministry Conference**

**SAVE THE DATE:** Corrections Ministry Conference will be held at Roncalli High School ( 3300 Prague Road, Indianapolis, 46227) with Jeanne Bishop as guest speaker. Stay tuned for more information and registration link. For more information about Corrections Ministry visit our [website](#).

## **July Events Around the Archdiocese**

### **July 3, 2020: Women's Care Center First Friday Mass**

The Women's Care Center (4901 West 86th Street Indianapolis 46268) invites you to our First Friday Mass on **July 3<sup>rd</sup>** at 5:00 pm in our chapel. There will be light refreshments after Mass and the ability to take a tour and learn more about our mission. We are now serving over 30 women facing unplanned pregnancies many days, most of who benefit from multiple services, such as pregnancy tests, ultrasounds, parenting classes, and goals counseling. We are so grateful to be able to serve the women who walk through our door. If you have questions please contact Jenny Hubbard, Director, at (317) 509-9596. We hope to see you there!

### **July 9, 2020: Hope and Healing Survivors of Suicide (SOS) Monthly Support Group**

On second **Thursday, July 9<sup>th</sup>** Hope and Healing, a support group for adults who have lost a loved one to suicide, struggle with thoughts suicide, or seek to understand the causes and prevention of suicide will meet at 7:00 pm. A children's support group, Spread Our Youthful Wings, for ages 9 years to 17 years old is held in the same location and same time as the Hope and Healing SOS Group.

**For more information and location site**, please contact Judy Proctor at (317) 851-8344 or visit Hope & Healing SOS at <https://www.hopeandhealingsos.com/Monthly-SOS-Meeting.html>.

### **July 15, 2020: Respect Life Mass – Terre Haute**

On **July 15<sup>th</sup>**, the 3<sup>rd</sup> Wednesday of the month, please consider joining the St. Joseph Respect Life Ministry in praying the Divine Mercy Chaplet (St. Joseph University, 113, S Fifth St., Terre Haute) at 4:45 pm prior to the 5:15 pm Respect Life Mass. For more information, contact the parish office at (812) 232-7011. For more information please contact Amy Langham at [amylou0330@gmail.com](mailto:amylou0330@gmail.com) or the parish office at 812-232-7011.

### **July 16, 2020: Pray for an End to Abortion and Sins Against Life Adoration**

Please join us for Adoration of the Blessed Sacrament is held at **St. Joseph Catholic Church**, (1401 South Mickley Avenue, Indianapolis, IN 46241) on **every third Thursday – July 16<sup>th</sup>** from 11:00 am – 7:00 pm to pray specifically for Gabriel Project mothers and babies, for an end to abortion, and sin against life, and for the closing of Clinic for Women abortion facility location at 3607 West 16<sup>th</sup> Street, and for a return to a “Culture of Life.” For more information contact Patty Arthur, St. Joseph’s Pro-Life Ministry coordinator at (317) 244-9002 or [patty.arthur@aol.com](mailto:patty.arthur@aol.com) or visit website: <http://www.stjosephindy.org>. [Printable Flyer](#)

### **July 21, 2020: Living with Pulmonary Fibrosis, St. Joseph, Indianapolis**

Do you or someone you know have Pulmonary Fibrosis? St. Joseph Health Ministry wants to create awareness ... Our next presentation, "Getting the Most Out of Portable Oxygen to Stay Active" by Susan Jacobs RN, MS, will be held virtually on **Tuesday, July 21, 2020** using the Zoom internet platform. Please RSVP to Patty at [parthur000@yahoo.com](mailto:parthur000@yahoo.com) or 317-339-6503 and the meeting link will be e-mailed to you.

**PLEASE NOTE: This presentation is open to anyone with a lung condition that requires the use of oxygen.**

Things that will be covered in this presentation include oxygen basics, types of oxygen delivery systems, resources to compare portable oxygen concentrators (POC), requirements for traveling with oxygen, and more.

\* The phone number is for Patty Arthur at St. Joseph Catholic Church, please leave a message if no answer.

You can download the flyer [here](#).

Facebook Page: <https://www.facebook.com/SupportinIndianapolis/>

Facebook Group: <https://www.facebook.com/groups/pf.support.in.indy/>

Webpage: <https://www.stjosephindy.org/Programs-and-Events>

### **July 24, 2020: Faithful Citizens Rosary Crusade –Our Lady of the Most Holy Rosary**

Following the 10:00 am Mass at Holy Rosary Parish (520 Stevens Street, Indianapolis, 46203) on fourth Saturday, **July 24<sup>th</sup>** join us for the recitation of the Rosary and Divine Mercy Chaplet as we witness and pray for the protection of Life, Family, and Religious Freedom. For more information, contact Eric at [faithful.citizens2016@gmail.com](mailto:faithful.citizens2016@gmail.com). [2020 Flyer with schedule](#). Please check to make sure event will take place.



# WORD OF LIFE: JULY 2020

*Recommended dates are provided, but you are welcome to use these materials at any time!*

## FEATURED THIS MONTH.

### Pray for Life: July



Join us in praying that mothers will receive ongoing care and support as they raise their children! [walkingwithmoms.com/pray-for-moms](http://walkingwithmoms.com/pray-for-moms)\*

[Prayer Guide](#) | [Graphic](#)

\*Please note: Each month's issue is posted the first day of the month. So, although the link currently directs to June's issue of *Pray for Life*, the July issue will be posted July 1.)

### [National NFP Awareness Week: July 19-25, 2020](#)



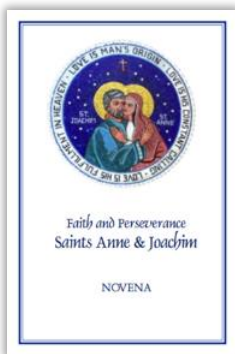
The dates of National Natural Family Planning Awareness Week highlight the anniversary of the papal encyclical *Humanae vitae* (July 25), which articulates Catholic beliefs about human sexuality, married love, and responsible parenthood. Couples' stories, sample intercessions, homily notes, a media kit, and more can be found [online](#).

#### Poster

PDF: [English](#) | [Spanish](#)

JPG: [English](#) | [Spanish](#)

### Saints Joachim and Anne



*(Their memorial is not officially observed in the 2020 liturgical calendar, since July 26 – the traditional date - falls on a Sunday, which is always a solemnity and supersedes other feasts. However, the novena can still be shared for the purpose of private devotion.)*

Saints Anne and Joachim, parents of the Blessed Virgin Mary, are powerful intercessors for all married couples, expectant mothers, and married couples who are having difficulty conceiving, as well as those who are aging. Copies of the "Faith and Perseverance" Novena to Saints Anne and Joachim are available for download or purchase.

**Download:** [English](#) | [Spanish](#)

**Order:** [English](#) | [Spanish](#)

**View, download, and order the 2019-2020 Respect Life Program materials!** [www.respectlife.org](http://www.respectlife.org)

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## **WORD OF LIFE – July 2020**

### **Intercessions for Life**

#### **July 5<sup>th</sup>**

For our nation:

May our laws protect  
the right to life of every human being,  
from conception to natural death;

*We pray to the Lord:*

#### **Fourteenth Sunday in Ordinary Time**

#### **July 12<sup>th</sup>**

For families considering adoption:

May the Lord guide and bless their journey,  
and grant them peace along the way;

*We pray to the Lord:*

#### **Fifteenth Sunday in Ordinary Time**

#### **July 19<sup>th</sup>**

May married couples embrace their call  
to total, faithful, and fruitful love,  
and joyful openness to new life;

*We pray to the Lord:*

#### **Sixteenth Sunday in Ordinary Time**

#### **July 26<sup>th</sup>**

For all those nearing death:

That their faith will grow ever stronger,  
as they prepare in hope  
to share eternal life with Christ;

*We pray to the Lord:*

#### **Seventeenth Sunday in Ordinary Time**

## Bulletin Quotes

### July 5<sup>th</sup>

“O God our creator... through the power and working of your Holy Spirit, you call us to live out our faith in the midst of the world, bringing the light and the saving truth of the Gospel to every corner of society.”

United States Conference of Catholic Bishops  
“Prayer for Religious Liberty”



[Order](#) | [Download](#)

### July 12<sup>th</sup>

“Adopting Andrew has made us more aware of God's power and of his love for us. We realize that he always has a perfect plan for our lives.”

Read more at [www.bit.ly/AdoptionLoveStory](http://www.bit.ly/AdoptionLoveStory).

USCCB Secretariat of Pro-Life Activities  
“An Adoption Love Story”



[Order](#) | [Download](#)

### July 19<sup>th</sup>

“Married love differs from any other love in the world. By its nature, the love of husband and wife is so complete, so ordered to a lifetime of communion with God and each other, that it is open to creating a new human being they will love and care for together. ... That power to create a new life with God is at the heart of what spouses share with each other.”

United States Conference of Catholic Bishops  
“Married Love and the Gift of Life”



[Order](#) | [Download](#)

### July 26<sup>th</sup>

“Because of our belief and hope in the Resurrection, we can face death not with fear, but with preparation.... We prepare for eternal life by choosing to love and follow God now, in our daily lives and decisions.” Read more at [www.respectlife.org/end-of-life-considerations](http://www.respectlife.org/end-of-life-considerations).

USCCB Secretariat of Pro-Life Activities  
“Catholic Considerations for Our Earthly Passing”



[Order](#) | [Download](#)

## WORD OF LIFE - July 2020

### Bulletin Art

*You are welcome to use these and other downloadable images from the online [Respect Life image gallery](#), provided they are not altered in any way, other than the size. Thank you!*

**Sunday, July 12<sup>th</sup>, 2020**



- [Download Image](#)
- **Sample text to go with image:** “Adopting Andrew has made us more aware of God’s power and of his love for us. We realize that he always has a perfect plan for our lives.” Read more at [www.bit.ly/AdoptionLoveStory](http://www.bit.ly/AdoptionLoveStory).

**Sunday, July 19<sup>th</sup>, 2020**



- Image: [English](#) | [Spanish](#)

**Sunday, July 26<sup>th</sup>, 2020**



- [Download Image](#)
- [Prayer Guide](#)

**View, download, and order the 2019-2020 Respect Life Program materials! [www.respectlife.org](http://www.respectlife.org)**

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# PALABRA DE VIDA: JULIO DE 2020

*Se recomiendan fechas, pero se pueden utilizar estos materiales en cualquier momento.*

## ESTE MES PRESENTAMOS...

### Oración por la vida: julio



¡Junto a nosotros rece para que las madres reciban cuidado y apoyo en forma continua en la crianza de sus hijos! [caminaconmadres.com/pray-for-moms](https://caminaconmadres.com/pray-for-moms)\*

Guía de oración: [inglés](#) | [español](#)

Gráfico: [inglés](#) | [español](#)

\*Tenga en cuenta: la edición de cada mes se publica el primer día del mes. Entonces, aunque el enlace a continuación ahora abra la edición de junio de *Recen por la vida*, la de julio se publicará el 1ro. de julio.

## Semana nacional de concientización de la PFN: 19 al 25 de julio de 2020



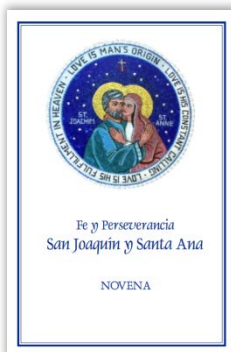
Las fechas de la Semana nacional de concientización de la Planificación Familiar Natural marcan el aniversario de la encíclica papal *Humanae vitae* (25 de julio), que lo que los católicos creen sobre sexualidad humana, amor de esposos y paternidad responsable. Se pueden encontrar en [Internet](#) relatos de parejas, muestras de intercesiones, notas para la homilía, un kit de prensa y más cosas.

### Póster

PDF: [inglés](#) | [español](#)

JPG: [inglés](#) | [español](#)

### Santa Ana y san Joaquín



*(Su memorial no se observa oficialmente en el calendario litúrgico de 2020, porque el 26 de julio, la fecha tradicional, cae domingo, que es siempre una solemnidad y suplanta otras fiestas. Sin embargo, la novena aun se puede compartir como devoción privada.)*

Santa Ana y san Joaquín, padres de la Santísima Virgen María, son poderosos intercesores para todas las parejas casadas, madres embarazadas y parejas casadas que tienen dificultad para concebir, como así también para los ancianos. Se encuentran disponibles para bajar o comprar copias de la Novena “Fe y Perseverancia” a Santa Ana y san Joaquín.

Bajar: [inglés](#) | [español](#)

Realizar el pedido: [inglés](#) | [español](#)

¡Mire, baje y solicite los materiales del Programa Respetemos la Vida 2019-2020! [www.respectlife.org](http://www.respectlife.org)

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## **PALABRA DE VIDA – julio de 2020**

### **Intercesiones por la Vida**

#### **5 de julio**

Por nuestra nación:  
que nuestras leyes protejan  
el derecho a la vida de cada persona humana,  
desde la concepción hasta la muerte natural;  
*roguemos al Señor:*

**14° Domingo del Tiempo Ordinario**

#### **12 de julio**

Por las familias que consideran adoptar:  
para que el Señor guíe y bendiga su camino,  
y les conceda la paz en su caminar;  
*roguemos al Señor:*

**15° Domingo del Tiempo Ordinario**

#### **19 de julio**

Que las parejas casadas abracen su llamado  
al amor total, fiel y fértil,  
y la apertura alegre a la nueva vida;  
*roguemos al Señor:*

**16° Domingo del Tiempo Ordinario**

#### **26 de julio**

Por todos los que están cerca de la muerte:  
para que su fe crezca más fuerte que nunca,  
mientras se preparan con esperanza  
para compartir la vida eterna con Cristo;  
*roguemos al Señor:*

**17° Domingo del Tiempo Ordinario**

## Citas para boletines

### 5 de julio

“Oh Señor, creador nuestro.... Por el poder y la obra del Espíritu Santo, nos llamas a vivir nuestra fe en el mundo llevando la luz y la palabra salvadora del Evangelio a todos los confines de la sociedad”.

Conferencia de Obispos Católicos de Estados Unidos  
“Oración por la Libertad Religiosa”



[Baje](#)

### 12 de julio

“Adoptar a Andrew nos ha hecho más conscientes del poder de Dios y de su amor por nosotros. Comprendemos que siempre tiene un plan perfecto para nuestras vidas”.

Lea más en [www.bit.ly/relato-de-una-adopcion-de-amor](http://www.bit.ly/relato-de-una-adopcion-de-amor).

Secretariado de Actividades Pro-Vida de la USCCB  
“Relato de una adopción de amor”



[Pida](#) | [Baje](#)

### 19 de julio

“El amor matrimonial se distingue de cualquier otro amor en el mundo. Por su naturaleza, el amor del esposo y de la esposa es tan completo, tan ordenado a una vida completa de comunión con Dios y del uno con el otro, que está abierto para crear un nuevo ser humano, al que amarán y cuidarán juntos. ... Ese poder de crear una vida nueva con Dios es la esencia de lo que los esposos comparten”.

Conferencia de Obispos Católicos de Estados Unidos  
“El amor matrimonial y el don de la vida”



[Baje](#)

### 26 de julio

“La fe y esperanza en la Resurrección nos permiten enfrentar la muerte preparados y sin temor.... Nos preparamos para la vida eterna amando y obedeciendo a Dios ahora y en las decisiones cotidianas”. Lea más en [es.respectlife.org/end-of-life-considerations](http://es.respectlife.org/end-of-life-considerations).

Secretariado de Actividades Pro-Vida de la USCCB  
“Consideraciones Católicas Para Nuestra Partida A La Otra Vida”



[Pida](#) | [Baje](#)



## PALABRA DE VIDA – julio de 2020

### Arte del boletín

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**Domingo, 12 de julio de 2020**



• Imagen: [inglés](#) | [español](#)

• Texto de muestra para acompañar la imagen: “Adoptar a Andrew nos ha hecho más conscientes del poder de Dios y de su amor por nosotros. Comprendemos que siempre tiene un plan perfecto para nuestras vidas”. Lea más en [www.bit.ly/relato-de-una-adopcion-de-amor](http://www.bit.ly/relato-de-una-adopcion-de-amor).

**Domingo, 19 de julio de 2020**



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**Domingo, 26 de julio de 2020**



- Bajar imagen: [inglés](#) | [español](#)
- Guía de oraciones: [inglés](#) | [español](#)

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# Live the truth and beauty of God's plan for married love!

*Creation overflows with God's life and love! Make no mistake about it—God made you and our world out of His great love! Let's consider how this truth includes marriage. And let's take a look at how the methods of Natural Family Planning (NFP) honor the truth and beauty of God's plan for married love.*

## *It's about love.*

From the beginning, God created Adam and then a suitable partner for him, Eve. The first human relationship ever created was that of marriage! "This one, at last, is bone of my bones and flesh of my flesh" (Gen. 2: 23). The two give themselves to each other to become one. Giving of one's self to the other is a hallmark of marriage—there is no "I" in marriage, but "We." It is part of God's plan for the good of humanity. That is because marriage reflects the love of God—permanent, faithful, and fruitful. And, with the coming of our salvation in Jesus, marriage reflects the love of Christ for His Church.

The methods of NFP honor and even have the potential to protect and strengthen a married couple's ability to reflect God's love. That is because NFP requires communication and cooperation between husband and wife. NFP methods, which are rooted in science, make use of education and behavioral change for achieving and avoiding pregnancy. When learned and used correctly, they are an effective means of responsible parenthood.

As a couple learns about their combined gift of fertility and understands the best time to either conceive or postpone conceiving a baby, they are better able to discern God's plan for their marriage. If delaying a pregnancy, they will abstain from the marital act. They then will do nothing to harm God's gift of fertility. The use of NFP often requires self-sacrifice as the spouses explore other ways to show affection for each other when periodically abstaining to postpone pregnancy. As they work together, a husband and wife will find that this may deepen their emotional and spiritual intimacy as spouses.

## *It's about life.*

God created men and women in His image—male and female. Human sexuality is part of God's plan. It is woven into the fabric of each man and woman. Human sexuality carries within it the two-fold powers of love and life. The essential nature of this two-fold truth should be appreciated and respected.

In marriage, husband and wife deepen their love for one another through celebrating the truth of their sexual union. The marital embrace is a spousal gift with a two-fold purpose; to draw the spouses closer together, to be unitive and to be procreative, to be life-giving.

Procreation is the Lord God's awesome invitation and a sacred duty for husband and wife to share in His creative power! Sometimes a couple is unable to have children through no fault of their own. Their challenge is





to offer their marital love as a blessing in the community in service to others.

Marriage is the foundation to build families—children are “the supreme gift of marriage” (*Gaudium et spes*, no. 50), and marriage creates a secure home for children. God’s procreative invitation to husband and wife extends past pregnancy and calls parents to steward their children: to nurture them, to teach them to love God and neighbor.

The Church has always understood that God wants parents to be open to life and to care for their children. To be a parent is a life-long vocation! It is why the Church can say that married couples receive “a kind of consecration” in their marital duties (*Gaudium et spes*, no. 48).

NFP methods support God’s gift of procreation because they value new life. Unlike contraception, which exists to deny human fertility, NFP respects natural fertility. NFP education enables husband and wife to understand their window of fertility—when they are most likely to become pregnant—and therefore, can also be used to help them achieve a pregnancy besides postpone one. NFP respects God’s power of life. Contraception cannot do that!

### *It’s about freedom.*

Free will is one of God’s gifts to men and women. When God created humanity, He made the human person as a “rational” being—who can initiate, control, and decide how to act (see the *Catechism of the Catholic Church*, no. 1730). Freedom of conscience is a gift from God that allows each person to grow in maturity and to be able to love Him and neighbor freely. At the same time, the Catholic faith tells us that true freedom can only be found when we choose to love God. Freedom, therefore, is not the arbitrary ability to do whatever we’d like at any time.

True freedom is the ability to *recognize the good and do what is right*. If a person chooses to live a life in which he or she makes choices only thinking of his/her own happiness and fails to do the good to which God calls him or her, the person creates a type of prison for themselves (see *Catechism*, no. 1740). Doing what is right in life often requires personal sacrifice for a greater good than one’s own desire or pleasure. And, this good is liberating!

As applied to marriage, the decisions of spouses can either build up or tear down the heart of a marriage. How the spouses exercise their individual freedom within the marriage cannot be made in isolation but must be made in recognition of each other’s needs, that of their children, extended family, and other obligations and responsibilities outside the home.

Healthy marital communication is especially important regarding conjugal relations. Sin affects us all. It is deceptive. Sin can twist the good of the marital embrace.

Spouses can be selfish in how they treat each other. Wholesome inter-mutuality that is rooted in the love of God and each other strengthens a couple’s marriage. Spouses need to support each other in striving to honor God’s design by rejecting anything that can injure their marital love. It is the reason why the Church opposes contraception. It strikes at the heart of marital love.

The methods of NFP provide useful information on the woman’s fertility cycle. NFP helps a husband and wife determine whether their lovemaking may result in bringing a new life into the world. The practice of daily charting the wife’s signs of fertility can spark deep conversation about God’s plan for their marriage. The practice of NFP can promote mutual growth in self-mastery, foster emotional, and spiritual maturity, and lead to a more authentic life lived in the freedom of God’s design.

### *It’s about gift.*

God is love. In His great love, God created men and women in His image to share His divine life. When our first parents turned away from Him, God sought them. “For God so loved the world that He gave His only Son so that everyone who believes in Him might not perish but might have eternal life” (John 3:16).

Every human life is a gift from God, and, in turn, like our Heavenly Father, together we are gift to each other. We cannot fully discover who we are as persons “except through a sincere gift” of ourselves to each other (see *Gaudium et spes*, no. 24). Human beings are able to be fully human only when we reach out to our neighbor to form a network of loving relationships of life and love. We are all sons and daughters of the one family of God!

Marriage is a particularly unique gift from God. Marriage is not “the effect of chance or the product of evolution of unconscious natural forces; it is the wise institution of the Creator to realize in mankind His design of love (*Humanae vitae*, no. 8). God designed marriage to bring a man and a woman together in the one-flesh union that Scripture so eloquently teaches (Gen. 2:24). It is because of marriage that families come to be.

Today, we are fortunate to live in a time where human reproduction is well understood. The reliable methods of NFP stand upon solid research about male and female physiology. NFP science has confirmed the fertile signs of the woman’s menstrual cycle and marked the parameters of a man and a woman’s combined fertility, which creates the fertile window. NFP can be a moral means to either achieve or postpone a pregnancy. And, for women, NFP charting can provide insight into the health of her reproductive system. With so good a gift in our world, why not learn more about these healthy and ethical methods that support God’s plan for married love? Visit [uscgb.org/nfp](http://uscgb.org/nfp). And remember “live the truth and beauty of God’s plan for married love!”



Live the truth  
and beauty of  
God's plan for  
married love!



Natural  
Family  
Planning



# HOPE FORGIVENESS HEALING



**PROJECT RACHEL**

POST-ABORTION HEALING MINISTRY

## BEGIN TO HOPE AGAIN

**A SPECIAL WORD TO THOSE WHO HAVE HAD AN ABORTION...**

“Do not give in to discouragement and do not lose hope...If you have not already done so, give yourselves over with humility and trust to repentance. The Father of mercies is ready to give you his forgiveness and his peace in the Sacrament of Reconciliation.”

~Saint John Paul II, *The Gospel of Life*

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### HEALING RETREATS

**July 31, - August 2, 2020**

**Greater Bloomington, Indiana Area**

CALL FOR MORE INFORMATION CONFIDENTIAL HELP AFTER ABORTION

Archdiocese of Indianapolis: (317) 452-0054

projectrachel@archindy.org

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[www.HopeAfterAbortion.com](http://www.HopeAfterAbortion.com) • [www.archindy.org/ProjectRachel](http://www.archindy.org/ProjectRachel)



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### HEALING RETREATS

**March 13-15, 2020 Greater Bloomington Area**

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[www.archindy.org/ProjectRachel](http://www.archindy.org/ProjectRachel)  
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*Save the Date!*

**September 15, 2020**

**7:00 pm**

**Healing Mass for  
Mental Health Awareness**

*Monsignor William Stumpf, main celebrant*

St. Mark the Evangelist Catholic Church

**535 E Edgewood Ave, Indianapolis, IN 46227**



*Our Lady of Sorrows,  
Pray for Us*



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## **Living with Pulmonary Fibrosis** *Support in Indianapolis for Patients, Caregivers, Family and Friends*

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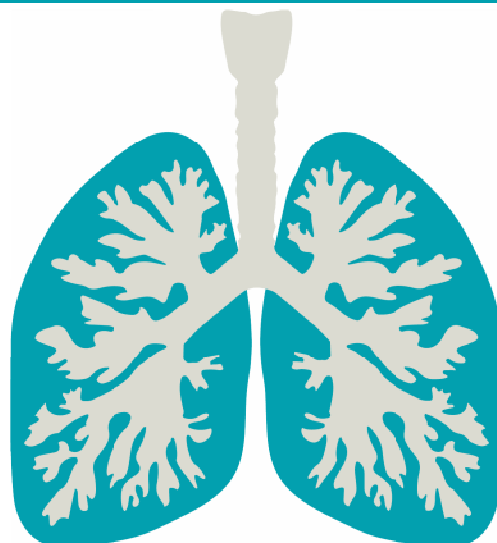
Tuesday, July 21, 2020  
at 1:00 p.m.

Meet with us in the comfort of your home  
Using the Zoom internet platform.

All members who've provided me with an  
e-mail will receive an invitation by e-mail.

### **All others contact me:**

Patty Arthur, RN, FCN at parthur000@yahoo.com



## **Getting the Most Out of Portable Oxygen to Stay Active** Presentation by Susan Jacobs, RN, MS

- ◆ Power Point Presentation
- ◆ Handouts (e-mailed to you)
- ◆ Questions & Answers

## **Living With Pulmonary Fibrosis Currently holds Zoom Meetings on the Third Tuesday Monthly** 1:00 p.m. – 2:30 p.m.

Join us from the comfort of your home.  
Call Patty Arthur, RN, FCN  
317-339-6503 with questions.

**Do you or a loved one suffer from Pulmonary Fibrosis?** St. Joseph Health Ministry wants to create awareness and support for patients with this little known disease which claims more lives annually than breast cancer. If you've been diagnosed with Pulmonary Fibrosis you, your caregiver, family and friends are invited to our informational and supportive meetings held each month.

*Please remember, a support group should not replace treatment from your doctor.*

## **NOT EVERYONE BREATHES EASY!**

For more information about pulmonary fibrosis visit  
[pulmonaryfibrosis.org](http://pulmonaryfibrosis.org).

**Pulmonary Fibrosis**  
FOUNDATION