# Tobit Weekends 2018

His name	Age	Her name	Age
Name tag to read		Name tag to read	
E-mail		E-mail	
Address		Address	
City/StateZ	Zip	City/State	diZ
Phone (Work)(Cell)		Phone (Work)	(Cell)
Denomination (if any)		_ Denomination (if any)	
Wedding Date (if set)		_ Date of Tobit Weekend desired	pe
Wedding Church and Pastor		2nd Choice if First Weekend is full	is full
What other marriage prep are you involved in? Pre-Cana_		Sponsor Couples Meeting w/Priest	w/Priest Other
Weekend cost per couple: \$298. If you change your assigned date, a \$20 transfer fee will be charged. Send your \$150 non-refundable deposit and registration form to: Our Lady of Fatima Retreat House • 5353 E. 56th Street • Indianapolis, IN 46226-1486. Phone: (317) 545-7681	our assigned dat istration form to: 6th Street India	e, a \$20 transfer fee will be char anapolis, IN 46226-1486. Phone:	ged. (317) 545-7681.

## Why Tobit?

This is sacred time, set aside for the two of you to explore how well you complement each other. You will have the opportunity to discuss your strengths and weaknesses, and practice techniques of communication.

"Our Lady of Fatima is a lovely retreat house that makes it easy to focus....!'m sure this time of sharing would not have worked as well at home."

Marriage is a unique partnership that involves taking on new roles and shedding old ones. When a couple makes time to agree on their core values and discuss plans for the future, the likelihood of a successful union increases.

You've spent many hours planning your wedding; this weekend will be a launching pad for your marriage.

Rest, Reflect, Renew



A place to be...with God!

5353 East 56th Street Indianapolis, IN 46226-1486 (317) 545-7681 www.archindy.org/fatima





A program designed to make your Christian marriage a success



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# Tobit

### What is Tobit?

The Tobit Weekend was designed and started in 1976 by a Catholic priest in the Archdiocese of Indianapolis as a Christian marriage preparation program.

"It's so hard to find such quality alone time to work on just us...seems like all we do is worry about the details of the wedding."

The weekend is an investment in your relationship that takes you away from the tensions and demands of daily life to relax in an atmosphere of simplicity and peacefulness. Time in this environment gives you a unique opportunity to grow in your knowledge and love of one another. The program enables you to enter into a deeper personal relationship with Christ and to realize the importance of having Him at the center of your relationship.

"We talked about issues we might never have discussed if we had not come."

### When and Where is it?

Tobit Weekends are conducted at Our Lady of Fatima Retreat House on the northeast side of Indianapolis. The center provides a simple, comfortable setting which reduces distractions. Your program begins with registration from 7pm – 8pm Friday evening and concludes before lunch on Sunday. All meals and bedroom linens are provided. The staff can answer any questions you may have about the program, the center, or other concerns. Call (317) 545-7681 or e-mail Our Lady of Fatima Retreat House at fatima@archindy.org.

"I was surprised how peaceful and relaxing the grounds were; it felt like a little vacation for us."

### When is the best time to register?

Most Tobit weekends fill up early and quickly; it is best to register as soon as possible to assure a space in your preferred weekend. It is not necessary for you to be engaged to attend; some couples participate to determine their compatibility for a long-term commitment.

"After dating for nine years, we thought we knew everything about each other. This weekend taught us that everyday we will learn more about each other and grow closer together."

### When is Tobit best?

In spite of good intentions, time for quality conversation is rare in most people's busy lives. Experience tells us that this 40-hour period, like Christ's 40 days in the desert, gives you enough time to let go of the responsibilities you face at home, be present to your own thoughts and feelings, say what you need to hear from your partner, so that you can both return to your everyday lives with a deeper understanding of your relationship.

"The entire experience was very enriching and nourishing for both of us to take the time together and shut out the rest of the world for a while, and the topics covered helped us become even closer & more open than before."

### What is the cost?

Though it may feel like a financial stretch, especially during wedding planning, most couples tell us it was worth every penny. Relative to what many couples spend on their wedding, the benefits of TOBIT will last throughout your marriage. The cost of \$298 per couple entitles each person to two nights accommodations, four meals, program presentations and handouts and peace of mind. A \$150 non-refundable deposit is required with registration. If you change your assigned date, a \$20 transfer fee will be charged.

"Investment for the future of our marriage."

### How is it conducted?

A team composed of Christian married couples and a Catholic priest makes a presentation to the entire group. Sharing from their own lives, they offer guidelines and points for your reflection and discussion.

"The leaders were excellent! Funny & insightful! I thank them for being so honest and sharing with us. You made marriage more of a reality for me this weekend."

Following each presentation you reflect individually on the points given. After writing down your reactions you come together with your partner to exchange your thoughts and feelings in private.

"Admittedly, I was skeptical coming this weekend. I was impressed with the privacy and the way the other young couples interacted."

"You have opened a door for us. I feel a greater love for my partner now than when I walked through the doors...and I find that amazing."

If you would like to speak to a team couple, call Mark & Cheryl McSweeney at (317) 945-6372.

### What are the religious aspects?

Although marriage from a Catholic perspective is emphasized, we welcome Christians of all denominations. The beautiful love story of the Lord guiding Tobias and Sara into a happy marriage is the basis for the weekend. (This is found in the book of Tobit in Roman Catholic, Greek and Russian Orthodox bibles.)

The program allows time for reflection and prayer individually and as a couple. The experience offers the opportunity for the two of you to find strength for your married life in your relationship to Jesus Christ.

"The Mass in slow motion was helpful because my fiancé is not Catholic. It answered a lot of questions and allowed me to remember why I worship the way I do."