

CATHOLIC CHARITIES BLOOMINGTON
631 N. College Ave.
Bloomington, IN 47404
812-332-1262
www.CatholicCharitiesBtown.org



ARCHDIOCESE OF INDIANAPOLIS

Photos provided by Catholic Charities USA and Secretariat for Catholic Charities in the Archdiocese of Indianapolis.

OUR DEDICATED ADVISORY COUNCIL

Marsha McCarty, Ph.D., *Agency Director*

Jim McGillivray, *President*
Shirley Boardman, *Secretary*
Mike John Radcliffe, *Treasurer*

Members

Maureen Gahan
Father John Hall
Sister Joan Luerman, OSF
Wendy Perry

David Siler, Executive Director,
Secretariat for Catholic Charities
Ex-officio

CATHOLIC CHARITIES BLOOMINGTON MISSION STATEMENT

Catholic Charities Bloomington is dedicated to the enhancement of the dignity and functioning for all persons in the community-at-large through education, social service delivery, and advocacy.

We are especially committed to working within our communities to remove barriers that block the quality of the life for the poor, the disabled, or for persons marginalized by our society in any way.

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Winter 2008 Newsletter

Looking back at last year's services; Looking forward to new projects and new partnerships

From Agency Director
Marsha McCarty

agency director for a considerable portion of 2005. However, in the long-run, we must be able to keep our expenses in line with our income.

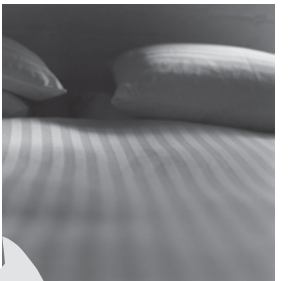
Looking forward...

At Catholic Charities Bloomington we believe that everyone deserves to have their basic health care needs met. We also know that every person's health and well-being includes their mental and emotional health. Our physical bodies, our minds, and our emotions are not separate. They are intertwined with one another and with our spiritual well-being.

more agencies than ever. What you may notice if you come to our offices at 631 North College

Avenue is that sometimes it may be difficult to find a seat in the waiting room (or a place to park in our lot), but that at other times, few (or none) of the staff is there.

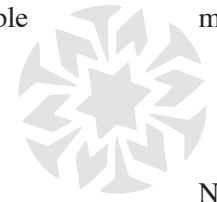
Learn more on page 2.



Looking back...

Please take time to look at our Annual Report. We want you to know how we're doing. Because of the high cost of providing mental health services and the increasing need for subsidized services due to rising numbers of uninsured or underinsured consumers, our staff and the members of our Advisory Council are developing fundraising strategies which we hope will increase our income. As you will notice our expenses slightly exceeded our income last fiscal year. This was not problematic because we have been operating with a financial cushion which was partially the result of being without an

Our mission at Catholic Charities Bloomington is to remove barriers from the delivery of mental health services and to provide quality, affordable services to as many people as possible. Barriers not only result from lack of ability to pay, but also from poor accessibility due to lack of transportation or lack of familiarity with how to access and utilize mental health care. In order to help remove some of these very real barriers, we are now out in the community more and partnering with





Where are we? Partnering with our parishes, our schools, and our community

Peggy York-Garcia may be in Bedford counseling students at St. Vincent de Paul School or at the parish seeing counseling clients. Matt James, one of our counseling interns, may be with Peggy or he may be down at Family Services collaborating with Oak Tree Counseling, another nonprofit counseling agency. Together with Oak Tree, Big Brothers/Big Sisters and Boys and Girls Clubs, we offer a program called, Passport to Manhood. It is a ten-week program that teaches 11- to 14-year-old boys responsible behavior and promotes positive values.

Laura Ingram might be at St. Charles School, counseling groups or individual students. It could also be Laura's day in Seymour, but finding her in Seymour could also be a challenge. You might try St. Ambrose School, their office at the Community Building, or the public Middle School. Becky Perez, one of our School Psychology practicum students, could be with them. She also might be conducting a home visit with a Spanish-speaking family. Becky and our other bilingual therapist, Luis Romero, provide continued outreach to the Latino communities of Bloomington and Seymour which requires collaboration with many other individuals and groups serving that population.

Jan McDowell, another counseling intern, is usually at Martha's House, Bloomington's emergency shelter. She provides counseling to residents there or meets with shelter staff. She could

also be providing a group on stress management to shelter staff with the help of our director, Marsha McCarty. Marsha is a licensed psychologist who provides clinical supervision for our staff and interns. She also consults and provides clinical supervision at other agencies providing mental health services.

Dr. McCarty has supervised students from School Psychology and from Counseling in Indiana University for many years. Having these students allows Catholic Charities to expand the delivery of services through a variety of partnerships. For example, we just started a partnership with Stepping Stones, a residential program for youth, ages 16 through 20, experiencing homelessness. Catholic Charities Bloomington is providing counseling to some of the resi-



dents in that program by sending a staff therapist or intern to provide counseling on site.



“Jim McGillivray: Inspired to act” by Rita Sinsko

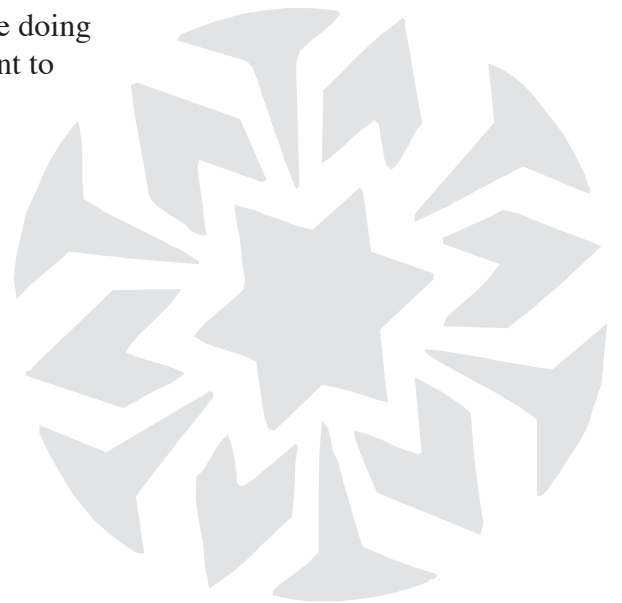
To Jim McGillivray, president of the Catholic Charities Bloomington advisory council, faith means, “you have to live it...you have to do, not to be.” Inspired by Pope Benedict’s encyclical “God is love,” McGillivray states that it is “not enough to maintain the technical aspect [of Catholicism] but there is an action component that is as important.”

Involvement with the advisory council was simply “a good fit at the right time...The counseling services that Catholic Charities Bloomington offers are nondenominational and vital to community. As an attorney, [he sees] the impact that not having these services can have on the community as a whole.” Crime, drugs and

alcohol, and other social problems are exasperated by not having access to mental health services.

About a year ago when McGillivray began his work with the advisory council, the deanery experienced a period of revitalization. The council rewrote the bylaws to involve more parishes in the deanery’s five counties, streamline the primary mission of counseling services and extend it to more people, increase efficiency and regularize fundraising and volunteer management.

“It’s great to see good people doing good things, people who want to make things better.” McGillivray said, “In other organizations, you kind of feel like you’re doing it alone. Working with an organization that has so many enthusiastic and dedicated members makes it special.”



Providing Help. Creating Hope.

Secretariat for Catholic Charities and Family Ministries

www.CatholicCharitiesIndy.org

The Secretariat for Catholic Charities and Family Ministries encompasses six Catholic Charities agencies:

- Catholic Charities Indianapolis
- St. Elizabeth/Coleman Pregnancy and Adoption Services
- Catholic Charities Bloomington
- Catholic Charities Terre Haute
- Catholic Charities Tell City
- St. Elizabeth – Catholic Charities (New Albany)

Each agency serves any person in need in their respective deanery, with the exception of our adoption services available in Indianapolis and New Albany. These two agencies are licensed adoption agencies for the states of Indiana and Kentucky.

Collectively last year all six agencies served more than 94,000 individuals with the combined revenue and support of \$9,396,803 and expenses of \$8,676,508. More than 88% of all funds raised go directly towards program and client support. The 35 programs administered by Catholic Charities help individuals and families work towards self-sufficiency and maintain their dignity.

Each agency has an advisory council to help determine local priorities. In addition, the secretariat (department) has an advisory council to determine the priorities of Catholic Charities as-a-whole.

David Siler, executive director for the Secretariat for Catholic Charities and Family Ministries

Stefanie Anderson, communications and marketing coordinator for the Secretariat for Catholic Charities and Family Ministries

William Spangler, President of the Secretariat Advisory Council

Members during Fiscal Year 2007

- Jake Asher
- Bob Buckner
- David Bethuram
- Dave Grimes
- Father Don Schmidlin
- Jim McGillivray
- Mary Ann Browning
- Peggy Magee
- Pinkie Evans
- Ron Mead
- Roberta Walton
- Sister Marlene Shapley
- Tom Hirschauer



Providing Help. Creating Hope.

Annual Report, Fiscal Year Ending July 2007

Catholic Charities Bloomington staff and advisory council members want you to know how we are doing. This Annual Report is a way for our agency to be accountable to all of our supporters. You will notice that our income is mostly from the Archdiocese of Indianapolis, fees collected from the counseling we do, our allocation from United Way of Monroe County, and from the direct support of our donors. Our subsidy from the archdiocese is made possible by the contributions made by parishioners through the United Catholic Appeal. Fees from counseling services include fees paid by our counseling clients, by their private insurance companies, and by Medicaid and Hoosier Healthwise coverage for children. Our United Way allocation is made possible by our community's support through the United Way campaign. Other contributions are received directly from our donors through our Christmas Appeal and other donations throughout the year.



Catholic Charities serves any person in need of our services, regardless of their religious, social or economic backgrounds.

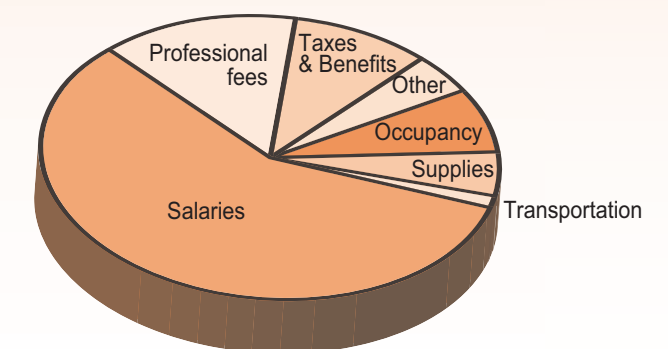
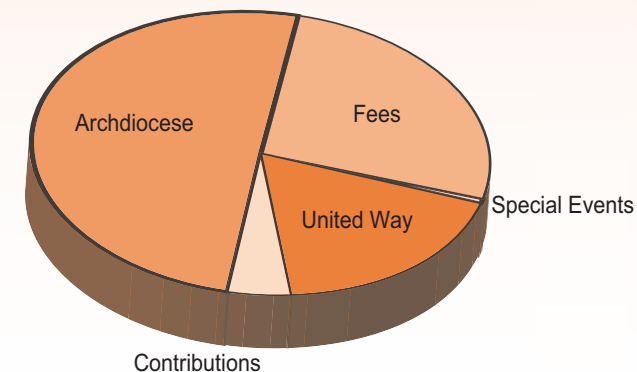
On the expense side of our financial report you will see that, by far, our biggest expense is for the salaries of our professional mental health counselors. This includes salaries, taxes, and benefits for our employees and professional fees for mental health professionals who work with us on a contractual basis. Providing quality mental health services requires the services of licensed professionals who have Master- or Doctorate- level training in psychology, counseling, or social work. We are fortunate to have well-trained, experienced counselors who are dedicated to the work we do. We also have the services of a part-time office manager whose primary responsibility is to bill private insurance and Medicaid and make sure we are getting reimbursed appropriately through these programs.

Revenues

United Way	\$26,793	18.54%
Contributions	6,225	4.31%
Archdiocese	72,942	50.48%
Fees	38,141	26.39%
Special Events	410	0.28%
Total Revenue	144,511	100.00%

Expenses

Salaries	\$85,380	58.29%
Professional fees	20,713	14.14%
Taxes & Benefits	14,093	9.62%
Other	6,575	4.49%
Occupancy	10,759	7.35%
Supplies	7,188	4.91%
Transportation	1,771	1.12%
Total Expense	\$146,479	



A copy of the 2007 Audited Financial Statement for the Chancery and Certain Entities for the Archdiocese of Indianapolis is available at www.archindy.org/finance/archdiocese.html.

Providing Help

All information is for Fiscal Year 2007:
July 1, 2006 – June 30, 2007

Therapeutic Counseling Services

Professional mental health providers deliver individual, couple, family and group counseling to all ages for a variety of mental health issues. These services are also available through a bilingual counselor to persons whose primary language is Spanish.

School Counseling, Consultation, and Evaluation

Social Skills Enhancement Groups and individual supportive counseling are provided on a weekly basis to students at St. Vincent de Paul School in Bedford. Consultation services for teachers and parents are available to schools and students throughout the area served by the agency. Experienced staff is available for psycho-educational testing.

Outreach Counseling and Education

Counseling services are available at St. Agnes parish in Brown County and at St. Vincent de Paul parish in Bedford on a weekly basis. Educational programs for families and groups are available to parishes and the wider community. Topics include: Building healthy families, Stress management, Alcohol and drug issues in youth and others.



Referral Services

The agency is often called upon to provide consultation and assistance in finding appropriate mental health services or other services for persons in need of assistance to meet basic needs. This consultation is offered to anyone who contacts our agency, to the staff in the Bloomington Deanery parishes, and to the community at large.

Services provided for Fiscal Year 2007

Demographics of clients receiving services:

<i>Children (under 18)</i>	88
<i>Adults (18 – 64)</i>	182
<i>Seniors (65+)</i>	2
<i>Total unduplicated persons served:</i>	272

Persons served living below the poverty line: (estimated) 25 children and 65 adults

Persons served with dual mental health diagnoses: (estimated) 80 clients

Hours of counseling provided: 1,539

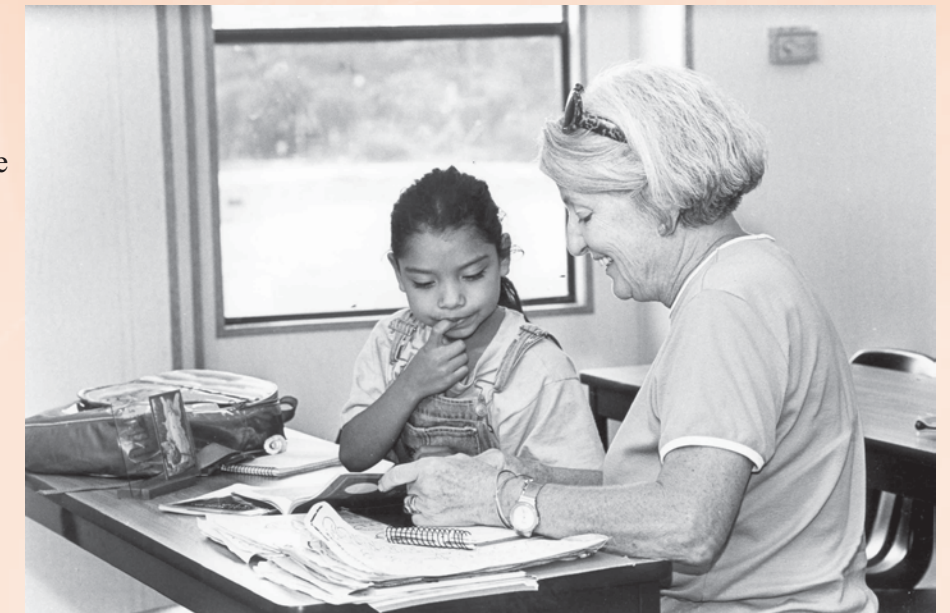
The hours reported above are face-to-face counseling hours and do not include staff time spent in contact with various agencies, schools, and other health care providers to facilitate client treatment. Neither does it include travel time or time writing reports or documenting care.

Staffing and Volunteers

The agency had one full time staff who is a licensed social worker and one half-time Master's level counselor. The agency director is a licensed psychologist who is half time. We contracted with two other mental health professionals to provide counseling services, a master's level licensed mental health counselor and a Ph.D. level, non-licensed mental health counselor. The agency hired a part-time office manager and had one volunteer who worked approximately five hours/week. We had two counseling interns from the Counseling program at Indiana University who worked part time and four doctoral practicum students from the School Psychology program at Indiana University who began in September 2006 and continued with us through the school year providing counseling and psychological assessment hours. .

Maintaining high quality mental health services for adults, children, and families

The primary goal of Catholic Charities Bloomington is to continue to provide professional counseling services that are affordable to all, including the uninsured. We do this by maintaining skilled counselors, by providing ongoing education and training of staff, by holding regular clinical staff meetings and supervision, and by maintaining appropriate mental health records. We are also committed to raising awareness around mental health issues in our community. In May 2007 we sent out our first newsletter of a series designed to increase mental health awareness and reduce barriers to those who need to seek mental health care.



Marsha McCarty, Ph.D., Agency Director

Advisory Council Members Serving During Fiscal Year 2007-2008

Jim McGillivray, **President**
Shirley Boardman, **Secretary**
Mike John Radcliffe, **Treasurer**

Members Maureen Gahan
 Father John Hall
 Sister Joan Luerman, OSF
 Wendy Perry

David Siler, Executive Director,
Secretariat for Catholic Charities
Ex-officio

Agency Staff and Interns

Diana Aguilar	Jill Huse
Enrique Corvarrubias	Laura Ingram
Elisa Duncan	Lori Keller
Peggy York-Garcia	Don Weller
Bryn Harris	

Mission Statement

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