

Encounter ourselves.
Encounter our neighbors.
Encounter our God.

ENCOUNTER LENT.



Lent is a time of encounter.

THROUGH PRAYER, we encounter Christ, present in the face of every member of our human family.

THROUGH FASTING, we encounter the obstacles that prevent us from loving God and neighbor.

THROUGH ALMSGIVING, we encounter our brothers and sisters around the world, sharing God’s gifts with others.

Weeks of Lent	Featured Country or U.S. Diocese	Catholic Social Teaching	Development Sector
Mar 5 - 11	India	Option for the Poor	Providing kitchen gardens and better seeds for planting
Mar 12 - 18	Zambia	Sacredness and Dignity of the Human Person	Teaching mothers good nutrition for their children
Mar 19 - 25	El Salvador	Dignity of Work and Rights of Workers	Training young people for business development
Mar 26 - Apr 1	Mexico	Call to Community, Family and Participation	Supporting greenhouses for economic development
Apr 2 - 8	Ethiopia	Care for Creation	Providing business training for farming families
Apr 9 - 15	Diocese of Honolulu	Solidarity	Illustrating the local impact of CRS Rice Bowl’s 25%

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The Good News is no mere matter of words: it is about leaving ourselves behind and encountering others.

—Pope Francis