

RACE FOR CHANGE.



**Change in your pocket.
Change in your heart.**

Either way, it's time to make a difference and help Becky's Place. With each step you take, you will be making a donation that will directly impact the well-being of women & children in need.

**FEEL GOOD ABOUT YOURSELF EVEN
AFTER THE ENDORPHINS WEAR OFF**

EVERYONE IS WELCOME

Participants of all ages and abilities are welcome and encouraged to be a part of this fun, family-friendly event that is designed to promote healthy activity and wellness while benefiting one of Lawrence County's premiere charities. Children and families are encouraged to participate in the 5K together.

**THANKS TO OUR
SPONSORS**



Donna & George Rode
Hunsaker Consulting
Kamal & Shawna Girgis

Louis Kovacs
Spartan Mechanical
Summit Sweeping



7TH ANNUAL RUN FOR HOPE 5K

REGISTER ONLINE AT:

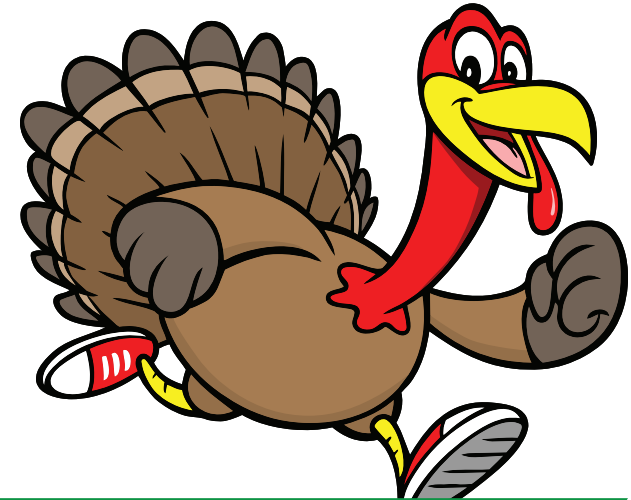
BeckysPlaceBedford.org

OR MAIL PAYMENT TO:

Becky's Place 1108 5th Street Bedford, IN 47421



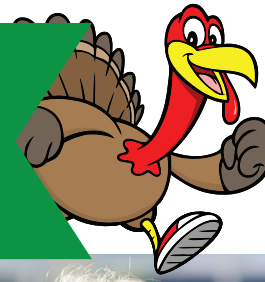
7TH ANNUAL RUN FOR HOPE 5K



VIRTUAL
Anytime in the month
of November

**THIS YEAR, YOUR LEGS
CAN SUPPORT MORE THAN
JUST YOUR BODY WEIGHT.**

READY. SET. RAISE.



REGISTRATION INFORMATION

Register online at www.beckysplacebedford.org, mail the registration form to Becky's Place through Friday, November 20th or drop the registration form off at the Chamber of Commerce. Race packets can be picked up at the Bedford Chamber of Commerce from 4pm to 6pm on the following days: October 28, November 5, November 19 or November 24. Shirts can also be mailed to participants for an additional fee.

SHARE YOUR RESULTS

Once you complete your race, post your race day photo and results on Facebook and tag @Becky'sPlace and use the hashtag #BeckysPlace5k

AWARDS

All participants will receive a race shirt and medal. A finisher certificate can be printed from the Becky's Place website (www.beckysplacebedford.org). No awards will be given out for the top finishers.

Would you like to be a blessing to women and children that do not have a home of their own this Thanksgiving? Together we can transform the story to one of hope and safety for all. All proceeds from the event will go directly to Becky's Place.

HOW A VIRTUAL RUN WORKS

A Virtual 5K can be completed from anywhere! Simply run or walk the 5K (3.1 miles) distance inside, outside or on a treadmill. You do not have to complete all 3.1 miles at one time. You can participate in a variety of ways, even do a mile a day. This is a chance to test your fitness, enjoy a race experience and help to support Becky's Place.

REGISTRATION FORM

Virtual 5K

YES! I WANT TO PARTICIPATE

NAME(S) _____

ADDRESS _____

CITY/STATE _____

ZIP _____

EMAIL _____

PHONE _____

ENTRY FEE (PLEASE CHECK ALL THAT APPLY)

Registration Pick Up / T-Shirt **\$20 each/QTY:** _____
(Masks must be worn when picking up T-shirt)

Registration Mailed / T-Shirt **\$30 each/QTY:** _____
(Full mailing address must be provided to receive T-shirt)

T-Shirt sizes: _____

Donation to Becky's Place _____

Total _____

WAIVER - I know that participation in this event is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained. I assume all risks associated with this event, including but not limited to falls, effects of weather, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Becky's Place, Catholic Charities, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purposes.

Signature _____